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ANNUAL REPORT
of the
MEDICAL OFFICER OF HEALTH
and
PRINCIPAL SCHOOL MEDICAL OFFICER
for the year 1965

I. MORGAN WATKIN, PH.D. (Lond.), M.Sc., M.B., B.CH., D.P.H (Wales)
County Medical Officer,
Principal School Medical Officer.

SWYDDFA'R SIR,
COUNTY OFFICE,
ABERYSTWYTH

Tel. Nos.: ABERYSTWYTH 7581—9

CARDIGANSHIRE COUNTY COUNCIL

With the Compliments

of the

County Medical Officer

and

Principal School Medical Officer

Health Department,
Swyddfa'r Sir,
Aberystwyth.

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Aberystwyth 7581/9

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CARDIGANSHIRE COUNTY COUNCIL.

Chairman 1965-66—

Alderman T. D. G. WILLIAMS

Alderman D. H. JONES

Chairman 1964-65—Alderman D. REES MORGAN

HEALTH COMMITTEE—

Chairman 1962-66—Councillor the Rev. T. PUGH JARMAN

and all Members of the Council

HEALTH SUB-COMMITTEE—

Chairman 1962-66—Councillor the Rev. T. PUGH JARMAN

plus the Chairman and Vice-Chairman of the Health Committee, all Lady Members of the Council, 17 other Members of the Council, 1 representative of the Mid-Wales H.M.C., 1 representative of the South West Wales H.M.C., and 2 representatives of the Local Medical Committee

MENTAL HEALTH SUB-COMMITTEE—

Chairman 1962-66—Councillor the Rev. T. PUGH JARMAN

plus the Chairman and Vice-Chairman of the Health Committee, 7 Members of the Council, 2 Members of the County Education Committee, 1 representative of the South Wales and Monmouthshire Branch of the National Society for Mentally Handicapped Children, Dr. S. G. Budd, Dr. Michael Craft and Dr. Sidney Davies

BRYNTIRION HOUSE COMMITTEE—

Chairman 1961-66—Councillor JOHN LEWIS

plus the Chairman and Vice-Chairman of the Health Committee, 9 Members of the Council, Mrs. D. E. B. Jones and Dr. Sidney Davies

AMBULANCE SUB-COMMITTEE

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plus the Chairman and Vice-Chairman of the Health Committee, 17 Members of the Council, together with 1 representative of the St. John Ambulance Association, 1 representative of the British Red Cross Society, 2 Members of the medical profession, 1 representative of the Mid-Wales H.M.C., 1 representative of the South West Wales H.M.C., and 1 representative of the New Quay Ambulance Committee

HOME HELP ADVISORY COMMITTEE—

Chairman 1962-66—Councillor the Rev. T. PUGH JARMAN

plus the Chairman of Finance Committee, Chairman of Welfare Committee and Chairman and Vice-Chairman of the Health Committee

COUNTY EDUCATION COMMITTEE—

Chairman 1961-66—Alderman W. M. DAVIES, J.P.

plus all Members of the County Council and 10 co-opted members

There is no School Health Sub-Committee as such and all health questions are considered by the appropriate sub-committtees of the Education Committee.

Health Officers of the Authority.

County Medical Officer and Principal School Medical Officer	...	I. MORGAN WATKIN, PH.D. (Lond.), M.Sc., M.B., B.CH., D.P.H. (Wales).
Deputy County Medical Officer and Deputy Principal School Medical Officer	... ...	JOSEPH R. JONES, B.Sc., M.B., B.CH. (Wales), D.P.H. (Liverpool), D.R.C.O.G.
Assistant Medical Officers	...	GWEN BEVAN, B.Sc. (Wales), M.R.C.S. (Eng.) L.R.C.P. (Lond.). BERYL EVANS THOMAS, M.B., B.CH. (Wales), D.C.H. (Lond.), D.P.H. (Lond.) CLEMENT D. EDWARDS, M.B., B.S. (Lond.), M.R.C.S. (Eng.), L.R.C.P. (Lond.), D.I.H. (Eng.), D.P.H. (Eng.).
Principal School Dental Officer	...	W. D. PERCIVAL EVANS, J.P., L.D.S., R.C.S. (Eng.)
School Dental Officers	... ...	E. BYRON LLOYD, L.D.S., R.C.S. (Eng.). S. D. NEALE, L.D.S., B.D.S. (Birm.)
Chief Nursing Officer, Supervisor of Midwives and Chief Health Visitor		MRS. A. M. DUDLEY-THOMAS, S.R.N., S.C.M., T.B. CERT., H.V. CERT.
Deputy Chief Nursing Officer, Deputy Supervisor of Midwives and Deputy Chief Health Visitor	...	MISS A. E. DAVIES, S.R.N., S.C.M., H.V. CERT.
Public Health Inspector	... ...	EVAN RICHARDS, A.A.L.P.A., M.R.S.I., CERT. S.I.B.
Psychiatric Social Worker	...	Vacant
County Mental Welfare Officer	...	J. R. EVANS, C.S.W., Aberystwyth
District Mental Welfare Officers	...	T. ALUN EVANS, Aberaeron (part time) T. S. EVANS W. J. MORRIS (part time)
Home Help Organiser	...	Miss M. G. REES
Assistant Home Help Organiser	...	Miss M. JONES
County Analyst	... ...	D. C. JENKINS, M.Sc., F.R.I.C., F.C.S.
Ambulance Sub-Controller	...	J. C. Blayney (Officer of the Order of St. John), F.I.A.O.
Health Visitors ... ... (each holding the H.V. Certificate of the Royal Sanitary Institute)	...	Miss D. M. DAVIES, J.P., S.R.N., S.C.M. Miss VALMAI DAVIES, S.R.N., S.C.M. Miss C. HUGHES EVANS, S.R.N., S.C.M. Miss E. A. V. JENKINS, S.R.N., S.C.M. (Commenced Miss N. N. JONES, S.R.N., S.C.M. 1.2.65) Mrs. MARY LEWIS, S.R.N., S.C.M. Miss D. J. MORGAN, S.R.N., S.C.M. Miss E. A. MORGAN, S.R.N., S.C.M. (Commenced 1.11.65) Miss M. MORGAN, S.R.N., S.C.M. (Resigned 6.11.65) Miss N. MORGAN, S.R.N., S.C.M. Miss M. MORRIS, S.R.N., S.C.M. Mrs. S. E. MORRIS, S.R.N., S.C.M.

Orthopaedic Sister	...	... Mrs. WINIFRED KOLCZAK, S.R.N., O.N.C.
District Nurse/Midwives		... Nurse A. B. ATKINS, S.R.N., S.C.M., Aberaeron
		Nurse D. BEVAN, S.R.N., S.C.M., Llanfarian
		Nurse S. E. BOAST, S.R.N. (County Relief)
		Nurse G. E. BOORE, S.R.N., S.C.M., Llandysul
		Nurse M. BOWEN, S.R.N., S.C.M., Llangranog
		Nurse A. DAVIES, J.P., S.C.M., Henllan
		Nurse A. Davies, S.C.M., Llanrhystud (Resigned 31.8.65)
		Nurse A. M. DAVIES, S.R.N., S.C.M. (County Relief)
		Nurse E. H. DAVIES, S.R.N., S.C.M., Silian
		Nurse R. C. B. DAVIES, S.R.N., S.C.M., Llanwenog (Commenced 1.10.65)
		Nurse R. S. DAVIES, S.R.N., S.C.M., Llanarth
		Nurse J. H. DINGLEY, S.R.N., S.C.M., Aberystwyth
		Nurse E. M. A. EDWARDS, S.R.N., S.C.M., Tregaron
		Nurse D. ESAU, S.R.N., S.C.M., Aberporth
		Nurse M. E. EVANS, S.R.N. (County Relief)
		Nurse M. H. EVANS, S.R.N., S.C.M., Aberystwyth
		Nurse M. M. EVANS, S.R.N., S.C.M., Glandyfi
		Nurse M. E. T. GWYNNE, S.C.M. (Llanafan)
		Nurse J. A. HARRHY, S.C.M., Mid-Aeron
		Nurse M. R. HARRIES, S.R.N., S.C.M., Lampeter
		Nurse S. M. HUGHES, S.R.N., Devil's Bridge
		Nurse M. A. JAMES, S.R.N. (Temporary Relief) (Resigned 31/7/65)
		Nurse E. J. JOHN, S.R.N., S.C.M., Llangeitho
		Nurse D. E. JONES, S.R.N., S.C.M., Llechryd
		Nurse GLADYS JONES, S.R.N., S.C.M., Melindwr
		Nurse I. M. JONES, S.R.N., S.C.M., Aberystwyth
		Nurse M. J. JONES, S.R.N., S.C.M., Llanrhystud (Commenced 6.9.65)
		Nurse VERA JONES, S.C.M., Cardigan
		Nurse K. LEE, S.R.N. (County Relief) (Resigned 30.6.65)
		Nurse E. A. LEWIS, J.P., S.R.N., S.C.M., Rhydlewis

	Nurse E. A. G. MORGAN, S.R.N., S.C.M., Pontrhydfendigaid
	Nurse M. M. MORGAN, S.C.M., Talybont
	Nurse G. MORRIS, S.R.N. (County Relief)
	Nurse E. E. NORTHAM, S.R.N. (County Relief)
	Nurse R. M. REES, S.R.N., S.C.M., New Quay
	Nurse FRANKLIN THOMAS, S.R.N., Borth
	Nurse D. WALTERS, S.R.N., S.C.M., (County Relief)
	Nurse M. WILLIAMS, S.R.N., S.C.M., Rhydypennau
Dental Attendants	Mrs. D. M. WATSON, S.R.N.
	Miss W. A. P. MILLS
	Miss LYNN EVANS (Resigned 31.7.65)
	Miss PATRICIA THOMAS (Commenced 6.9.65)
Consultant Educational Psychologist (part time)	CYRIL B. E. JAMES, Ph.D., B.A., B.Ed., F.B.Ps.S.
Speech Therapist (part time) ...	Mrs. B. EDWARDS.
Chief Clerk	D. OLIVER MORGAN.

Officers of the Regional Hospital Board who provide Specialist Services for t he County Council.

Chest	D. LLEWELYN DAVIES, M.R.C.S. (Eng.) ; L.R.C.P. (Lond.)
	J. T. JONES, B.Sc., M.B., B.Ch. (Wales)
	G. O. THOMAS, M.D. (L'pool) ; M.B., Ch.B. (L'pool)
Ophthalmic	T. EVANS JONES, M.R.C.S. (Eng.) ; L.R.C.P. (Lond.) ; D.O.M.S. (Eng.)
Orthopaedic	I. L. MACFARLANE, F.R.C.S. (Eng.) ; M.Ch. (Ortho.) (L'pool)
Ear, Nose and Throat	SALATHIEL MORGAN, M.B., B.Ch. (Wales) ; F.R.C.S. (Edin.)
Psychiatry	JOHN FARR, M.B., B.S. (Lond.) ; D.P.M. (Eng.)
	E. J. EURFYL JONES, M.A. (Oxon.) ; B.M., B.Ch. (Oxon.), D.P.M. (Eng.).
Psychiatry (Sub-normal)	MICHAEL J. CRAFT, M.D. (Lond.), M.B., B.S., M.R.C.P.Ed., D.P.M. (Eng.)
Child Psychiatry...	J. McDONALD, M.A. (Glas.), M.B., Ch.B., D.P.M. (Eng.)
Geriatrics	J. C. DAVIES, M.B., B.S. (Durh.), M.R.C.P. (Ed.).
Hon. Consultant Psychiatrist ...	SIDNEY DAVIES, M.B., B.S. (Lond.), D.P.M.

To the Chairman and Members of the Health Committee

I have pleasure in presenting the Annual Report of the Health Department for the year which ended on December 31st, 1965.

The year under review witnessed the opening of the new Junior Training Centre at Felinfach. Twenty five children from various parts of Cardiganshire and two from Carmarthenshire were transported to and from the centre daily in three specially designed vehicles operated by the Ambulance Service. Between the time of depositing the children at Felinfach and their collection in the afternoon the vehicles were used, as far as practicable, for the transport of out-patients to and from hospital. Staff and children appear to have settled down well at the centre.

The clinics at Aberystwyth and Lampeter came nearer to completion and it seemed at the end of the year that the buildings would be handed over in the spring of 1966.

The number of patients carried by the Cardiganshire Ambulance Service increased from 17,642 in 1964 to 20, 734 in 1965. A directly operated ambulance station came into being at Lampeter in the late summer. This new building replaced the existing agency station and at the end of the year it also took over the work of the ambulance stationed at Llandysul.

Extensions to Bryntirion Home, Tregaron, having become an urgent necessity, a new wing to house eight additional beds was under construction in 1965 and its completion was expected early in 1966.

The anticipated expansion of the Home Help Service, already developed on an extensive scale in the county, did not materialise to the degree expected owing to the difficulty of recruiting home helps.

The number of deaths increased from 757 in 1964 to 820 in 1965. Twenty-three more deaths were attributed to pneumonia and bronchitis, nineteen more to strokes, and eighteen more to accidents including suicide. A variety of reasons accounted for the remainder.

It is gratifying to record that no serious outbreak of infectious disease occurred during the year.

A fuller account of the year's work appears in the ensuing pages.

I. MORGAN WATKIN,
County Medical Officer

TABLE I

AREA, POPULATION AND RATEABLE VALUE OF THE COUNTY

	Aberaeron Urban District	Aberystwyth Borough	Cardigan Borough	Lampeter Borough	New Quay Urban District	Aberaeron Rural District	Aberystwyth Rural District	Teifiside Rural District	Tregaron Rural District	Total for County
Area in acres	388	1,141	4,928	1,754	281	99,321	140,728	73,102	121,546	443,189
Population (1961 Census)	1,209	10,427	3,789	1,855	954	9,014	11,227	10,358	4,815	53,648
Population Mid-1965 (Registrar General's Estimate)	1,220	9,920	3,850	2,080	940	8,870	11,520	10,230	4,700	53,330
Rateable Value at 1st April, 1965 ...	£38,568	£395,665	£107,848	£68,327	£29,873	£106,587	£213,151	£172,636	£58,274	£1,190,929
Rateable Value at 1st April, 1966 ...	£39,250	£426,860	£110,559	£70,061	£30,143	£111,196	£218,132	£175,026	£59,181	£1,240,408
Sum represented by 1d. rate 1965-66	£153	£1,625	£429	£274	£110	£425	£853	£666	£226	£4,761
Estimated sum represented by 1d. rate 1966-67	£157	£1,755	£440	£275	£117	£440	£849	£688	£226	£4,947

TABLE 2

VITAL STATISTICS

MOTHERS AND INFANTS

Live births	
Number	791
Rate per 1,000 population	14.83
Illegitimate Live Births (per cent of total live births) ...	5.18
Stillbirths	
Number	11
Rate per 1,000 total live and stillbirths	13.71
Total Live and Stillbirths	802
Infant Deaths (deaths under one year)	10
Infant Mortality Rates	
Total infant deaths per 1,000 total live births... ...	12.64
Legitimate infant deaths per 1,000 legitimate live births	12.00
Illegitimate infant deaths per 1,000 illegitimate live births	24.38
Neo-natal Mortality Rate (deaths under four weeks per 1,000 total live births)	6.32
Early Neo-natal Mortality Rate (deaths under one week per 1,000 total live births)	3.79
Peri-natal Mortality Rate (stillbirths and deaths under one week combined per 1,000 total live and still births) ...	17.45
Maternal Mortality (including abortion)	
Number of deaths	—
Rate per 1,000 total live and still births	—

TABLE 3

CAUSES OF DEATH

Registrar General's Code Number	*Cause of Death*	*Number of Deaths*		
		Male	*Female*	*Total*
1	Tuberculosis, respiratory	1	2	3
2	Tuberculosis, other	—	—	—
3	Syphilitic disease	2	3	5
4	Diphtheria	—	—	—
5	Whooping cough	—	—	—
6	Meningococcal infections	—	—	—
7	Acute poliomyelitis	—	—	—
8	Measles	—	—	—
9	Other infective and parasitic diseases	—	2	2
10	Malignant neoplasm, stomach	16	14	30
11	Malignant neoplasm, lung, bronchus	19	2	21
12	Malignant neoplasm, breast	—	13	13
13	Malignant neoplasm, uterus	—	4	4
14	Other malignant and lymphatic neoplasms	39	35	74
15	Leukaemia, aleukaemia	2	1	3
16	Diabetes	2	2	4
17	Vascular lesions of nervous system	75	79	154
18	Coronary disease, angina	95	62	157
19	Hypertension with heart disease	5	13	18
20	Other heart disease	37	58	95
21	Other circulatory disease	19	14	33
22	Influenza	—	—	—
23	Pneumonia	19	24	43
24	Bronchitis	19	9	28
25	Other diseases of respiratory system	4	3	7
26	Ulcer of stomach and duodenum	—	1	1
27	Gastritis, enteritis and diarrhoea	2	3	5
28	Nephritis and nephrosis	3	—	3
29	Hyperplasia of prostate	6	—	6
30	Pregnancy, childbirth, abortion	—	—	—
31	Congenital malformations	4	1	5
32	Other defined and ill-defined diseases	24	44	68
33	Motor vehicle accidents	8	2	10
34	All other accidents	13	12	25
35	Suicide	1	2	3
36	Homicide and operations of war	—	—	—
	Total	415	405	820

TABLE 4

CAUSES OF DEATH IN AGE GROUPS

	Under 4 weeks		4 weeks and under 1 year		1—		5—		15—		25—		35—		45—		55—		65—		75 and over		TOTAL	
	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F
Tuberculosis, respiratory	—	—	—	—	—	—	—	—	—	—	—	—	—	—	1	—	—	1	—	—	—	1	1	2
Tuberculosis, other	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Syphilitic disease	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	1	—	1	—	—	3	2	3
Diphtheria	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Whooping cough	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Meningococcal infections	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Acute poliomyelitis	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Measles	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Other infective and parasitic diseases ...	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	2	—	—	—	—	—	—	—	2
Malignant neoplasm, stomach... ...	—	—	—	—	—	—	—	—	—	—	1	—	—	—	2	—	5	3	8	3	—	8	16	14
Malignant neoplasm, lung, bronchus ...	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	12	2	7	—	—	—	19	2
Malignant neoplasm, breast	—	—	—	—	—	—	—	—	—	—	—	1	—	1	—	6	—	—	—	4	—	1	—	13
Malignant neoplasm, uterus	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	1	—	1	—	2	—	4
Other malignant and lymphatic neoplasms	—	—	—	—	—	—	1	1	—	1	—	—	2	1	4	2	6	6	9	14	17	10	39	35
Leukaemia, aleukaemia	—	—	—	—	—	—	—	—	1	—	—	—	—	—	—	—	1	—	—	—	—	1	2	1
Diabetes	—	—	—	—	—	—	—	—	—	—	—	—	—	—	1	—	—	1	—	—	1	1	2	2
Vascular lesions of nervous system ...	—	—	—	—	—	—	—	—	—	—	—	—	—	1	3	4	11	9	16	19	45	46	75	79
Coronary disease, angina	—	—	—	—	—	—	—	—	—	—	—	—	2	1	7	3	20	7	41	23	25	28	95	62
Hypertension with heart disease ...	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	2	2	3	3	8	5	13
Other heart disease	—	—	—	—	—	—	—	—	—	—	—	—	—	—	3	1	3	4	2	12	29	41	37	58
Other circulatory disease	—	—	—	—	—	—	—	—	—	—	—	—	—	1	1	2	2	1	4	2	12	8	19	14
Influenza	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Pneumonia	—	—	2	1	—	—	—	—	—	—	—	—	—	—	—	—	1	1	2	2	14	20	19	24
Bronchitis	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	2	1	11	1	6	7	19	9
Other diseases of respiratory system ...	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	2	—	2	—	—	3	4	3
Ulcer of stomach and duodenum ...	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	1	—	1
Gastritis, enteritis and diarrhoea ...	—	—	—	1	—	—	—	—	—	—	—	—	—	—	1	—	1	—	—	2	—	—	2	3
Nephritis and nephrosis	—	—	—	—	—	—	—	—	—	—	1	—	—	—	—	—	1	—	—	—	1	—	3	—
Hyperplasia of prostate	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	1	—	5	—	6	—
Pregnancy, childbirth, abortion ...	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Congenital malformations	—	1	1	—	1	—	1	—	—	—	—	—	—	—	—	—	—	—	1	—	—	—	4	1
Other defined and ill-defined diseases ...	3	1	—	—	1	2	—	—	—	—	—	—	1	—	—	1	3	7	6	12	10	21	24	44
Motor vehicle accidents	—	—	—	—	—	—	—	—	2	—	2	—	—	—	2	—	1	1	1	—	—	1	8	2
All other accidents	—	—	—	—	—	—	—	—	3	—	1	—	2	—	2	—	1	1	—	—	4	11	13	12
Suicide	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	1	—	—	1	—	1	1	2
	3	2	3	2	2	2	2	1	6	1	5	1	7	5	27	21	74	48	114	99	2	223	415	405

TABLE 5

TABLE OF INFECTIOUS DISEASES (EXCLUDING TUBERCULOSIS) NOTIFIED DURING THE YEAR

Sanitary District	Population Census 1961	Population Estimated 1965	Cholera	Diphtheria	Dysentery (amoebic and bacillary)	Encephalitis Lethargica	Erysipelas	Food Poisoning	Malaria	Measles	Meningococcal Infection	Ophthalmia Neonatorum	Paratyphoid Fever	Plague	Pneumonia (Acute Primary and Influenzal)	Acute poliomyelitis	Acute polioencephalitis	Puerperal pyrexia	Relapsing Fever	Scarlet Fever	Typhoid Fever	Typhus Fever	Whooping Cough
URBAN : Aberaeron ...	1209	1220	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Aberystwyth ...	10427	9920	—	—	—	—	—	2	—	34	—	—	—	—	1	—	—	—	—	2	—	—	—
Cardigan ...	3789	3850	—	—	—	—	—	1	—	8	—	—	—	—	—	—	—	—	—	—	—	—	—
Lampeter ...	1855	2080	—	—	—	—	—	—	—	4	—	—	—	—	—	—	—	—	—	—	—	—	—
New Quay ...	954	940	—	—	—	—	—	—	—	18	—	—	—	—	—	—	—	—	—	—	—	—	—
RURAL : Aberaeron ...	9014	8870	—	—	—	—	—	—	—	40	—	—	—	—	—	—	—	—	—	—	—	—	—
Aberystwyth ...	11227	11520	—	—	—	—	—	17	—	44	—	—	—	—	—	—	—	—	—	—	—	—	2
Teifiside ...	10358	10230	—	—	—	—	1	—	—	21	—	—	—	—	—	—	—	—	—	8	—	—	—
Tregaron ...	4815	4700	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Total ...	53648	53330	—	—	—	—	1	20	—	169	—	—	—	—	1	—	—	—	—	10	—	—	2

TUBERCULOSIS NOTIFICATIONS, 1965, IN AGE GROUPS.

TABLE 6 — PULMONARY.

District	0—		1—		2—		5—		10—		15—		20—		25—		35—		45—		55—		65—		75—		TOTAL
	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	
Aberaeron Urban	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Aberystwyth Boro.	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	1	—	—	1
Cardigan Borough...	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Lampeter Borough	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	1	—	—	—	—	—	—	1
New Quay Urban ...	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	1	—	—	—	—	—	1
Aberaeron Rural ...	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	1	—	—	—	—	—	—	1
Aberystwyth Rural	—	—	—	—	—	—	—	—	—	—	—	—	—	—	1	—	—	1	—	1	—	—	1	1	—	—	5
Teifiside Rural ...	—	—	—	—	—	—	—	—	—	1	—	—	—	1	—	—	—	—	—	—	—	—	—	—	—	—	2
Tregaron Rural ...	—	—	—	—	—	—	—	—	—	—	—	—	—	—	1	—	—	—	1	—	—	—	—	—	—	1	3
Whole County ...	—	—	—	—	—	—	—	—	—	1	—	—	—	1	2	—	—	1	1	3	1	—	1	2	—	1	14

TABLE 7 — NON-PULMONARY

District	0—		1—		2—		5—		10—		15—		20—		25—		35—		45—		55—		65—		75—		TOTAL
	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	
Aberaeron Urban ...	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	1	—	—	—	—	1
Aberystwyth Boro.	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	1	—	1	—	—	—	—	—	2
Cardigan Borough...	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	1	—	—	—	—	—	—	—	—	—	—	1
Lampeter Borough	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
New Quay Urban ...	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Aberaeron Rural ...	—	—	—	—	—	—	—	—	—	—	1	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	1
Aberystwyth Rural	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	1	—	—	—	—	1
Teifiside Rural ...	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	1	—	1	—	—	—	—	—	2
Tregaron Rural ...	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	1	—	—	—	—	—	—	—	—	—	—	1
Whole County ...	—	—	—	—	—	—	—	—	—	—	1	—	—	—	—	2	—	—	2	—	2	2	—	—	—	—	9

Section 2

CARE OF MOTHERS AND YOUNG CHILDREN

Ante-Natal Clinics

In view of the prevailing circumstances in Cardiganshire it is not the policy of the local health authority to run ante-natal clinics. At present ante-natal clinics are held under the aegis of the hospital at the Maternity Home, Aberystwyth. They are under the supervision of Dr. Geoffrey Williams, the consultant obstetrician. Domiciliary midwives, whenever possible, accompany the patients to the ante-natal clinics and health visitors give educational talks and film displays on matters connected with childbirth and the care of the infant. Relaxation exercises are held under the aegis of the hospital physiotherapist. This dual arrangement has been worked out in collaboration with the consultant obstetrician and the scheme is running satisfactorily.

At Glangwili Hospital, Carmarthen, the consultant obstetrician for West Wales also holds ante-natal clinics. These facilities are over and above those available to expectant mothers through their family doctor.

Care of Unmarried Mothers and their Children

Arrangements are usually made through the St. David's Diocesan Moral Welfare Committee for the confinement and care of unmarried mothers. Unmarried mothers may be admitted to a hostel outside Cardiganshire for some months before a confinement is due and kept for some time afterwards. The committee also assists in making suitable arrangements for the child.

Other expectant mothers leave home and go to London and the Midlands to seek refuge. Here they apply to the local authority for assistance and the latter contact Cardiganshire as the county of normal residence for a grant towards their maintenance.

Child Welfare

At the end of the year the new clinic at Aberystwyth was well under construction and steady progress was being maintained on the new Lampeter clinic. Both should be ready for occupation in 1966.

The details of infant welfare clinics held in the county are as follows :

Centre	*Where held*	*Day held*	*Total No. of infant attendances in the year*	*Average No. of infant attendances per session*	*Total No. of Sessions held*
Aberaeron	Memorial Hall, Aberaeron	2nd & 4th Friday in each month	412	17.16	24
Aberporth	Village Hall, Aberporth	1st Thursday in each month	184	16.72	11
Aberystwyth	Swyddfa'r Sir, Aberystwyth	Every Wednesday & Thurs. afternoons	2,264	34.83	65
Borth	Memorial Hall, Borth	Every other Thursday in each month	291	12.12	24
Cardigan	County Primary School, Cardigan	Every other Tuesday in each month	597	24.87	24
Lampeter	Ormond House, Lampeter	Every other Tuesday in each month	227	9.08	25
Llanbadarn	Church Hall, Llanbadarn	2nd & 4th Monday in each month	177	7.79	23
Llandysul	Graig Vestry, Llandysul	1st & 3rd Tuesday in each month	289	9.63	30
New Quay	Memorial Hall New Quay	1st Monday in each month	43	3.58	12
Penparcau	Neuadd Goffa, Penparcau, Aberystwyth	1st, 3rd and 5th Friday in each month	481	17.14	28
Penrhiwllan	The Hall, Penrhiwllan	2nd & 4th Tuesday in each month	231	7.70	30
Pontgarreg	The Castle, Pontgarreg	3rd Monday in each month	17	1.55	11
Taliesin	Old Schoolroom, Taliesin	Every other Thursday in each month	165	7.17	23
Tregaron	Memorial Hall, Tregaron	1st & 3rd Tuesday in each month	759	29.19	26
Parcllyn	The Vestry, Parcllyn	3rd Thursday in each month	146	12.16	12
Ponterwyd	Ysgol Syr John Rhys, Ponterwyd	2nd Friday in each month	78	6.50	12
Ysbyty Ystwyth	C.P. School Ysbyty Ystwyth	2nd Wednesday in each month	52	4.72	11
		TOTAL	6,413	16.40	391

Care of Premature Infants.

Each district midwife is supplied with a Cestra Premature Baby Outfit. Other specialised equipment for treating the baby at home and for transporting it to hospital is borrowed, by arrangement, from the Maternity Home, Aberystwyth.

Number of premature infants born at home	2
Transferred to hospital	Nil
Died within the first 24 hours	Nil
Died within the first 28 days	Nil

Dental Care.

The following data have been supplied by Mr. W. D. Percival Evans, the Principal Dental Officer.

The dental care of expectant and nursing mothers and of pre-school children is under the supervision of the Principal Dental Officer of the Authority. Full treatment is provided, including artificial dentures.

The following tables show the numbers treated and the type of treatment given during the year.

	No. of persons examined	No. who commenced treatment during year	No. of courses of treatment completed during year
Expectant and nursing mothers	105	101	88
Children under five ...	45	33	30

Forms of dental treatment provided :—

	Scalings and gum treatment	*Fillings*	*Silver Nitrate treatment*	*Crowns or Inlays*	*Extractions*	*General Anaesthetics*	*Dentures provided*		*Radiographs*
							Full Upper or Lower	*Partial Upper or Lower*	
Expectant & nursing mothers ...	23	112	—	—	276	65	28	18	19
Children under five..	38	29	28	—	79	39	—	—	3

Welfare Foods.

The amount of welfare foods issued during the period can be seen from the following table :—

Commodity	Van	Clinic	Voluntary Distributors
National Dried Milk (tins)	2,621	2,443	5,440
Cod Liver Oil (bottles)	411	288	80
A. and D. Tablets (packets)	283	6	185
Orange Juice (bottles)	5,305	2,061	3,295

Details of bulk supplies received up to the end of the year are shown in the following table :—

Commodity	Quantity
National Dried Milk (tins)	11,412
Cod Liver Oil (bottles)	648
A. and D. Tablets (packets)	480
Orange Juice (bottles)	10,440

The amount of welfare foods issued during the year from the van at the various distribution centres is shown below :—

Centre	National Dried Milk	Cod Liver Oil	A. & D. Tablets	Orange Juice
Aberaeron ...	37	—	—	144
Aberystwyth ...	1,779	308	243	4,045
Cardigan ...	135	33	14	347
Lampeter ...	203	54	23	361
Llandysul ...	396	12	3	243
Tregaron ...	71	4	—	165
TOTAL	2,621	411	283	5,305

Family Planning Clinic.

A Family Planning Clinic under the aegis of the Family Planning Association is held at Aberystwyth. Sessions are held on the second and fourth Thursday of each month at Aberystwyth Hospital from 7.15 p.m.—8.30 p.m.

Child Life Protection.

The duties in connection with Child Life Protection are undertaken by the Care of Children Committee. Close liaison is maintained with the Children's Officer who notifies the Health Department of all children under five supervised by her. These are then visited by the health visitor.

Nurseries and Child Minders

No premises or persons are registered in Cardiganshire under the Nurseries and Child Minders Regulations, 1948.

Juvenile Courts

A report upon the health of all juveniles appearing in court is prepared in accordance with Section 35 of the Children and Young Persons Act, 1933. Medical reports where appropriate are submitted in accordance with Section 11 (iv) of the Summary Jurisdiction (Children and Young Persons) Rules, 1933.

Section 3—MIDWIFERY

The Supervisor of Midwives received notification of intention to practise from 24 midwives in institutions and 29 domiciliary midwives. The Supervisor and six midwives attended refresher courses during the year.

One hundred and fifty four visits were paid by the Supervisor and her deputy to domiciliary midwives and seventeen visits were paid by the deputy to institutional midwives.

Sixty one births were attended by domiciliary midwives and eight hundred and three by midwives in institutions.

It is the policy of the consultant obstetrician for Mid-Wales to have as many women as possible delivered in hospital. In view of the inaccessible nature of a large number of habitations in Cardiganshire, he feels that delivery in hospital, where every modern facility is available in the event of an unexpected emergency, is of paramount importance. As the number of hospital beds is limited, a substantial number of mothers have to be discharged home before the tenth day in order that this policy may be pursued.

Periodic meetings of the Maternity Liaison Committee for Mid and for South West Wales were attended by the Supervisor or her deputy.

Section 4—HEALTH VISITING

The Council employs eleven whole-time health visitors who also act as school nurses. Recruitment has, so far, presented no difficulty in Cardiganshire. Indeed the county is in the happy position of having several applicants for each advertised post.

For a trial period of one year the Council attached a health visitor to a group of practices in the north of the county. The reactions of the family doctors have varied and some have offered a number of interesting comments which I have discussed with the Regional Medical Officer of the Welsh Board of Health. One fact emerges, namely, that the role of the district nurse/midwife is more clearly understood than that of the health visitor.

A detailed account of the work of the health visitors is given in the ensuing table :

REPORT OF HEALTH VISITORS/SCHOOL NURSES FOR THE YEAR 1965

AREA	Infant Visits (0—5 years)	CLINICS ATTENDED		No. of visits to T.B., Blind, Orthopaedic, Mentally Defective Persons	SCHOOL WORK		
		M. & C.W.	All Others		No. of Visits to Schools	No. of children examined	No. of Children found verminous or suffering from Minor Ailments
Rhydypennau, Talybont and Glandyfi	1,512	59	—	10	118	2,195	11
Aberystwyth Town Centre and Devil's Bridge	629	95	4	9	118	2,138	—
Penparcau and Llanfarian	1,379	52	2	11	74	2,833	8
Penglais, Llanbadarn and Capel Bangor	1,374	109	—	25	53	1,240	38
Aberystwyth South	1,225	12	1	26	163	3,260	107
Aberaeron ...	1,371	28	—	10	157	4,813	17
Lampeter ...	1,161	25	3	57	182	4,353	21
Llandysul ...	1,430	48	2	49	167	4,025	42
Cardigan ...	2,012	36	4	181	112	7,755	62
Llangranog ...	1,251	32	2	42	131	2,366	6
Tregaron ...	2,442	36	—	43	140	1,850	—
Total ...	15,786	532	18	463	1,415	36,828	312

Section 5—HOME NURSING

The district nursing service in the county is in a state of flux and so far no clear cut pattern of future development has emerged. A survey is being undertaken at present and its main object is to try and ascertain why it is necessary to employ a considerably greater number of nurses in this county than in any apparently comparable rural county similar in population.

A large number of the staff is now married—if married women were not employed the nursing service could not be carried on—and when these receive maternity leave it is difficult to find short-term replacements. Furthermore the replacement may be a state registered nurse only and not a midwife. As a consequence the work in the neighbouring areas has to be re-organised. When many nurses in a particular part of the county become expectant mothers in a year, the re-arrangement of duties is frequent. This sometimes leads to confusion in the minds of the public but, under present circumstances, I see no alternative.

The total number of nursing visits paid in 1965 was 61,767 of which 8,808 were carried out by relief nurses. This is a reduction of 2,601 in the total number of visits as compared with 1964.

REPORT OF DISTRICT NURSE/MIDWIVES FOR THE YEAR 1965

District	Midwifery				Home Nursing			
	No. of Live Births	Total Number of Maternity and Midwifery visits	Total Ante-Natal visits	Number of Maternity and Midwifery cases nursed (under 14 days)	Total Nursing Visits	Total Number of visits to Elderly (included in total nursing visits)	Number of Injections only	Sick Leave (days)
Aberystwyth : North	5	845	109	72	1,548	874	311	3
Aberystwyth : Centre	2	422	55	31	2,011	1,198	551	—
Aberystwyth : South	2	609	54	37	1,649	1,028	353	17
Aberaeron	3	413	48	36	1,921	1,030	293	—
Aberporth	1	338	19	32	1,661	334	426	21
Borth	—	24	—	—	459	102	17	—
Cardigan : St. Dogmaels	3	484	117	30	1,644	389	359	66
Cardigan : Verwig ...	—	107	50	10	2,942	1,572	1,309	19
Devil's Bridge ...	—	120	54	10	1,957	1,534	344	10
Glandyfi	2	228	22	20	1,642	933	125	—
Henllan	1	375	165	22	2,672	658	454	—
Lampeter : Silian ...	4	288	417	22	1,179	609	263	90
Lampeter : Cellan ...	2	209	253	20	1,980	1,119	738	—
Llanafan	—	122	20	8	1,768	502	256	47
Llanarth	2	359	220	18	1,698	695	828	—
Llandysul	—	277	524	33	2,054	1,018	943	12
Llanfarian	3	243	51	22	1,803	1,122	309	—
Llangeitho	4	180	108	10	1,342	801	189	—
Llangranog	7	326	120	16	2,164	936	700	—
Llanrhystud ...	2	275	106	28	1,480	904	401	—
Llanwenog	4	354	237	21	1,579	778	474	—
Llechryd	2	495	86	43	1,716	786	454	—
Melindwr	1	288	128	22	1,674	1,111	276	—
Mid-Aeron	—	191	97	15	1,510	755	405	—
New Quay	2	196	67	15	1,698	1,098	517	12
Pontrhydfendigaid ...	—	267	207	28	1,458	616	606	—
Rhydlewis	1	216	97	12	1,705	505	350	—
Rhydypennau ...	3	663	81	49	1,835	1,659	488	—
Talybont	3	133	54	13	1,876	769	321	—
Tregaron	1	249	119	18	2,334	896	721	8
Relief	—	1,272	309	—	8,808	3,755	2,587	76
Totals	**60**	**10,568**	**3,994**	**713**	**61,767**	**30,086**	**16,368**	**381**

Section 6—PREVENTION OF BREAK-UP OF FAMILIES

Problem families are regularly visited by health visitors and, when the need arises, by the district welfare officers. In special cases, the health visitor calls in the Chief Nursing Officer, who, in turn, may call in the County Medical Officer.

Consultation with the Children's Officer of the County Council, the County Welfare Officer, the District Medical Officer and the County Medical Officer on the one hand, together with the chairmen of the appropriate committees and the local member on the other, takes place as and when the need arises.

The problems facing this type of family almost invariably find their way to the Home Help Advisory Committee. It is usually found that the provision of adequate home help to a harassed mother who may be below par, is the most effective and economical method of dealing with many problem families.

Section 7—VACCINATION AND IMMUNISATION

Smallpox Vaccination

In normal times this is carried out entirely by general practitioners. Records of the 440 successful vaccinations and re-vaccinations carried out in 1965 are as follows

Age	*Number successfully vaccinated*	*Number successfully re-vaccinated*
Under 1 year old	75	7
1 year old	100	2
2—4 years	24	2
5—14 years	23	24
15+	37	146

The number of registered live births for the year 1965 was 791 so that at the end of the year an estimated 10.3% of children under a twelvemonth had been vaccinated.

VACCINATION OF PERSONS UNDER AGE 16 COMPLETED DURING 1965

Table I—COMPLETED PRIMARY COURSES—Number of Persons under age 16

Type of Vaccine or Dose	Year of Birth					Others under age 16	Total
	1965	1964	1963	1962	1958-61		
1. Quadruple DTPP	24	12	18	—	2	—	56
2. Triple DTP	171	88	5	11	3	3	281
3. Diphtheria/Pertussis	—	2	—	—	1	—	3
4. Diphtheria/Tetanus	25	15	2	—	4	3	49
5. Diphtheria	11	2	—	—	—	—	13
6. Pertussis	—	—	—	—	—	—	—
7. Tetanus	2	4	1	—	1	—	8
8. Salk	2	13	6	6	21	14	62
9. Sabin	50	236	67	32	38	12	435
10. Lines 1+2+3+4+5 (Diphtheria) ...	231	119	25	11	10	6	402
11. Lines 1+2+3+6 (Whooping Cough)	195	102	23	11	6	3	340
12. Lines 1+2+4+7 (Tetanus) ...	222	119	26	11	10	6	394
13. Lines 1+8+9 (Polio)	76	261	91	38	61	26	553

Table 2—REINFORCING DOSES—Number of Persons under age 16

	1965	1964	1963	1962	1958-61	Others under age 16	Total
1. Quadruple DTPP	2	2	10	6	7	—	27
2. Triple DTP	—	16	22	6	709	418	1171
3. Diphtheria/Pertussis	—	—	—	—	—	—	—
4. Diphtheria/Tetanus	—	9	5	4	40	16	74
5. Diphtheria	—	—	—	—	6	2	8
6. Pertussis	—	—	—	—	—	—	—
7. Tetanus	—	—	2	—	8	5	15
8. Salk	—	—	—	—	2	1	3
9. Sabin	1	4	3	6	44	24	82
10. Lines 1+2+3+4+5 (Diphtheria) ...	2	27	37	16	762	436	1280
11. Lines 1+2+3+6 (Whooping Cough)	2	18	32	12	716	418	1198
12. Lines 1+2+4+7 (Tetanus) ...	2	27	39	16	764	439	1287
13. Lines 1+8+9 (Polio)	3	6	13	12	53	25	112

Section 8—AMBULANCE SERVICE

The County Council Health Department maintains eight ambulances and three dual purpose vehicles which are stationed as follows :—

Aberystwyth	...	4 ambulances, 1 dual purpose vehicle
New Quay	...	1 ambulance
Lampeter	...	1 ambulance, 1 dual purpose vehicle
Llandysul	...	1 ambulance
Cardigan	...	1 ambulance, 1 dual purpose vehicle

One relief ambulance is kept at Aberystwyth, if not required at one of the other stations. Another Aberystwyth ambulance is mainly used for infectious disease. Delivery of three new dual purpose vehicles was made during the year. These vehicles were provided primarily to convey mentally handicapped children to the Junior Training Centre at Felinfach but they are also used to convey physiotherapy and other outpatients to hospitals.

The number of patients conveyed by the Cardiganshire Ambulance Service increased from 17,642 in 1964 to 20,734,in 1965 and the number of journeys rose during the same period from 6,652 to 7,065.

The mileage performed by ambulances during the year was 243,774.

A further 4,467 patients, involving a mileage of 178,586 were conveyed at hte request of the Ambulance Service by hired cars.

The number of emergency calls received increased from 1,053 in 1964 to 1,170 in 1965. 897 were dealt with by ambulances and 273 by sitting cars.

TABLE 14

	1963	1964	1965
Number of patients conveyed	15,284	17,642	20,734
Number of journeys made ...	6,028	6,652	7,065
Mileage covered	185,987	206,988	243,774

Ambulance Details, 1965

Station	Total number of patients conveyed	Emergency	Non-emergency	Number of journeys made	Mileage covered
Aberystwyth	13,070	462	12,608	4,851	100,536
Cardigan	2,408	149	2,259	913	45,586
Lampeter	2,460	99	2,361	552	39,603
Llandysul	1,325	66	1,259	321	27,706
New Quay	1,471	121	1,350	428	30,343
Totals	20,734	897	19,837	7,065	243,774

Sitting Car Details, 1965

	Total	Emergency	Non-Emergency
Number of patients conveyed	4,467	273	4,194
Number of journeys made ...	2,379	—	—
Mileage covered	178,586	—	—

Comparative Statements 1965 with 1964, year ended 31st December

WHOLE COUNTY	*Journeys*	*Patients*	*Mileage*
1965	7,065	20,734	243,774
1964	6,652	17,642	206,988
Difference ...	+ 413	+3,092	+36,786
ABERYSTWYTH			
1965	4,851	13,070	100,536
1964	4,732	11,759	83,010
Difference ...	+ 119	+ 1,311	+17,526
CARDIGAN			
1965	913	2,408	45,586
1964	732	1,514	35,813
Difference ...	+ 181	+ 894	+ 9,773
LAMPETER			
1965	552	2,460	39,603
1964	422	1,774	30,700
Difference ...	+ 130	+ 686	+8,903
NEW QUAY			
1965	428	1,471	27,706
1964	410	1,400	30,846
Difference ...	+ 18	+ 71	—3,140
LLANDYSUL			
1965	321	1,325	30,343
1964	325	1,195	26,619
Difference ...	— 4	+ 130	+3,724

Three patients were conveyed by two helicopters during the blizzards of March when trunk roads as well as secondary roads were blocked for several days.

Summary for 1965

	Journeys	*Patients*	*Mileage*
Ambulance : 1965 ...	7,065	20,734	243,774
Sitting Car : 1965 ...	2,379	4,467	178,586
Combined Figures : 1965 ...	9,444	25,201	422,360

Section 9—PREVENTION OF ILLNESS, CARE AND AFTER-CARE

The local health authority's arrangements for the prevention of illness, care and after care are primarily related to tuberculosis, mental disorder and venereal disease but equipment for nursing at home and for the after care of patients is lent to persons suffering from a multitude of ailments.

Tuberculosis

Close association is maintained with the three chest physicians serving the county. Health visitors follow up contacts of tuberculosis patients and visit them in their homes following discharge. Where this is thought desirable, patients are sent to the Papworth Village Settlement.

Health Education

A Health Education Committee was set up under the chairmanship of Dr. Beryl Thomas. The members included the Chief Nursing Officer and her Deputy, Health Visitors, the Chief Ambulance Officer and the Visual Aids Officer. The Committee's function is to act as a central organising body for health education and as a source of personnel and materials for this work.

In March, 1965, at the invitation of the Committee, the Central Council for Health Education held a two-day inservice training course entitled "Progress in Health Education", in Aberystwyth, which was attended by staff of the Health and Education Departments, local general practitioners and staff from neighbouring authorities.

In May, 1965, Mrs. Robins, adviser in Health Education to the Ministry of Health, visited the department. She suggested that before formulating a programme of health education for the county, an investigation should be made into the work already being done here. As a result, towards the end of 1965, the headmasters of all the schools in the county were asked to complete a questionnaire relating to the teaching of health subjects in their schools. It is hoped to carry out a similar investigation into the teaching of health matters by voluntary organisations and other groups in the County.

During the year, talks and demonstrations were given by members of the staff to adult groups, voluntary organisations, students at the College of Further Education and mothers and children attending the infant welfare clinics. The relaxation classes for expectant mothers continued weekly at Aberystwyth Maternity Hospital and during 1965, a new Ante-natal Class for expectant nothers was started in Llandysul. It is hoped to start similar classes in Lampeter and Cardigan in the near future.

More emphasis was laid on the dangers of smoking than on those of venereal disease as the latter is not at present an appreciable hazard in this County.

Cervical Cytology

The local health authority has agreed to take smears for cervical cytology. Following consultations with the consultant obstetrician and gynaecologist and the consultant pathologist to the Mid-Wales Hospital Management Committee the scheme will commence to be put into effect as soon as the new local authority clinics are brought into commission.

Congential Defects

The doctor or midwife is asked to notify on the Notification of Birth form whether any congential defect is detectable in the child. Arrangements are then made in co-operation with the family doctor for a thorough examination to be carried out by a consultant paediatrician. During 1965 five notifications of abnormalities present at birth were received. Four children had abnormalities of the feet and one had hypospadias.

Incontinence Pads

Incontinence pads are provided to all nursing cases where they are required. The application is made through the District Nurse or Health Visitor.

3,000 have been used during the year. A charge of 5/- per dozen is made where the patient is able to pay.

In a rural area it is difficult to arrange for special collection of soiled pads. Pads are usually wrapped in paper and disposed of in a refuse bin or they are burned in a household stove.

Fluoridation of Water Supplies

Few items have received such long and detailed discussion by the Health Committee as the fluoridation of water supplies. On the occasion when the subject was last debated I reported to the Health Committee on the water schemes that the Cardiganshire Water Board would, from an engineering point of view, be able to fluoridate. The relevant part of the report of the Engineer and Manager of the Water Board reads as follows :

"Should the Board agree to the fluoridation of water supplies, it would be practicable to introduce fluorine at the existing Strata Florida Treatment Works and the new Bontgoch Treatment Works which is now under construction.

The areas served by these treatment works are :—

STRATA FLORIDA

South Cardiganshire, comprising the Boroughs of Cardigan, Lampeter and the districts of Aberaeron Urban, New Quay Urban, Aberaeron, Tregaron and Teifiside Rural.

except at present

(1) New Quay, which is served from the Ffynon Ddewi spring and augmented only by Strata Florida water in summer.

(2) Cardigan, which is served principally by the Bryn and Crugefa springs, augmented by Strata Florida water.

(3) Rhydlewis, part of Pontgarreg, Capel Cynon, Cribyn, Maenygroes and Llwyndafydd area, Wernddu (Penrhiwllan district).

The above excepted districts will be gradually transferred to Strata Florida water in the course of the next year or so on completion of new works.

(4) Ffynon Rhys serving Cwrtnewydd, Llanwnen, Llanwenog, Alltyblacca, Drefach and Cwmsychpant.

BONTGOCH

North Cardiganshire comprising Aberystwyth Borough and Aberystwyth Rural District ;

except at present

(1) Ponterwyd

(2) Abermagwr

(3) *Salem, Trefeurig, Cwmerfyn, *Cwmsymlog, *Cwmbrwyno, Ystumtuen, *Devil's Bridge, *Trisant, *New Row, *Pontrhydygroes, Cwmystwyth, *Llanafan, *Brynafan,*Joppa.

*The Board have approved schemes for transferring the districts marked thus to the Bontgoch scheme.

This will probably take about two years".

After hearing this report the following resolution was passed by the Health Committee. "That consideration be deferred until such time as the Cardiganshire Water Board would be in a position to introduce fluoridation into all the water supplies throughout the County." This resolution was subsequently ratified by the County Council.

Section 10—HOME HELP SERVICE

The local authority provides home help on a very generous scale and the statistics show that nearly 90% of those receiving home help are of pensionable age. Unfortunately during the past year difficulty has been experienced in recruiting home helps. Were it not for this the service would have been expanded even further.

The Authority has one full-time organiser, one assistant organiser, three full time home helps and 173 part-time home helps. The cases where home help was provided during 1965 are classified below :—

Maternity (including expectant mothers) ...	27
Tuberculosis	2
Chronic sick, including aged and infirm ...	199
Care of children	5
Blind	12
Total	245

Applications received during the year totalled 243. These were made up as follows :—

Blind	1
Tuberculosis	—
Care of children ...	1
Illness and old age ...	198
Maternity	43
Total ...	243

	Number provided with home help for first time during the year	Total number provided with home help during the year
Blind	1	12
Tuberculosis	—	2
Care of Children	1	5
Illness and old age	105	199
Maternity	23	27
Total ...	130	245

Visits paid to householders by Organisers	1,271
Visits paid to home helps by Organisers	625
Visits paid to Welfare Officers and District Nurses ...	39
Other visits	96

An analysis of the ages of persons receiving home help in the county gave the following results.

Age	*Percentage*
Over 100 years of age...	0.0
90—100 „	3.2
80—89 „	30.4
70—79 „	37.8
60—69 „	18.4
Under 60	10.2

Section 11—VENEREAL DISEASES

Dr. Vernon Williams, the consultant in venereal diseases for North and Mid-Wales, is scheduled to hold a weekly clinic at Aberystwyth General Hospital. The southern part of the county is less well served as the nearest treatment centres are situated at Llanelly and Swansea. Contact is maintained with the venereologists and suspected cases are followed up by medical officers or health visitors.

No South Cardiganshire case was treated in Llanelli or Swansea as far as is known. This implies that there are (*a*) no cases, or (*b*) that the cases are treated by family doctors, or again (*c*) that some cases are not receiving treatment. Evidence obtained from a venereologist outside Wales suggests that the first possibility can be ruled out.

The known North Cardiganshire cases dealt with for the first time during the year were as follows :

Venereal Disease	*Male*	*Female*
Syphilis	5	1
Gonorrhoea	1	1
Other Conditions :		
Requiring treatment ...	5	—
Not requiring treatment ...	7	—

Section 12—NATIONAL ASSISTANCE ACT, 1948

The County Welfare Officer is responsible to the Welfare Committee for nearly all of the services carried out under the Act. Medical Officers of the Health Department, however, examine all applicants for entry into the Welfare Homes and also examine persons who are transferred from one Home to another. Routine visits to Homes in accordance with the Council's Proposals under Section 21 of the above Act are also made.

Handicapped Persons are referred by the Welfare Department for medical assessment where this is considered necessary.

Blind Welfare

There were 239 registered blind persons in the County at the end of the year. These were visited by the health visitors, by welfare officers and by the home teacher for the blind where tuition was considered practicable.

It will be seen from the following tables that the majority of blind people in Cardiganshire are over 70 years of age. The absence of industry and dangerous trades makes blindness following accidents an uncommon occurrence.

The following tables show the number of registered blind persons and the number of persons on the observation register at the end of the year.

REGISTERED BLIND (Ordinarily resident in the county).

Age Group	*Male*	*Female*	*Total*
0	—	—	—
1	—	—	—
2	—	—	—
3	—	—	—
4	—	—	—
5—10	—	1	1
11—15	—	—	—
16—20	—	2	2
21—29	—	1	1
30—39	2	2	4
40—49	5	6	11
50—59	5	7	12
60—64	9	5	14
65—69	8	9	17
70 and over	52	125	177
TOTAL	81	158	239

ON OBSERVATION REGISTER (Ordinarily resident in the county)

Age Group	*Male*	*Female*	*Total*
0—1	—	—	—
2—4	—	—	—
5—15	1	2	3
16—20	3	—	3
21—49	4	6	10
50—64	5	10	15
65 and over	18	55	73
TOTAL	31	73	104

Section 13—CARE OF CHILDREN

Routine medical examinations of children at Peterwell Home and Cartrefle and Erw Lon Family Units were carried out by medical officers of the Department. Boarded out children were also examined in the manner prescribed by statute. Close contact is kept with the Children's Officer, on the one hand, and with practitioners providing the children with general medical services, on the other.

Section 14—MISCELLANEOUS MEDICAL EXAMINATIONS

The Health Department carried out a large number of medical examinations during the year. These were undertaken for a variety of reasons. All new entrants to the superannuation scheme were examined as were all roadmen qualifying for admission to the Sick Pay Scheme. Entrants to Training Colleges were also examined and these numbered close upon a hundred. All Mid-Day Meals staff were submitted to examination. A number of examinations were carried out on behalf of other local authorities on a reciprocal basis.

All applicants for school transport on medical grounds, school absentees, handicapped pupils in various categories, and children applying for the deferment of the 11-plus examination on health grounds were examined.

Section 15—CHIROPODY SERVICE

The Chiropody Service in Cardiganshire is run under the aegis of a Voluntary Committee which receives a grant from the County Council. As the chiropody service is primarily intended for the aged, the Welfare Department is responsible for its general management and the Health Department plays no part in the running of the scheme.

The Voluntary Committee deals primarily with pensioners (males over 65 and pensioned females over 60). Handicapped persons of all ages are, however, accepted.

According to the information provided by the County Welfare Officer, the number of cases treated during the year was 2,149.

The following persons are eligible under the Voluntary Scheme: women 60 years and over, and men of 65 years and over, who have no private means and are in receipt of National Assistance, or Old Age Pension only, are eligible for treatment under the reduced rates.

The fees are : single treatment, 1 foot—1/-. Both feet—1/6.

The number of chiropodists engaged under the Scheme are :—Two at Cardigan, One in Lampeter and One at Aberystwyth.

Section 16—MENTAL HEALTH

Report of Dr. J. R. Jones, Deputy County Medical Officer

Mental Health

The greatest single event in this section was the opening of the Junior Training Centre at Felinfach in October, 1965. The appointment of an experienced teacher as Headmistress has ensured trouble-free functioning. As the vehicles which transport the children to the Centre only carry a total of 27, a further vehicle will have to be purchased in the next financial year for there is a sufficient number of children up to the age of 16 awaiting admission to the Centre to make the running of four vehicles worth-while. Some parents have criticised the long journeys which these children have to undertake daily and the provision of a fourth vehicle would, by a re-allocation of routes, help to reduce the daily travelling time.

One Assistant Supervisor will have completed her training in July, 1966, another in July, 1967, and two more in December of that year. This should ensure an adequate supply of trained staff for some years.

There has been no statistically significant change in the number of patients admitted to St. David's Hospital, Carmarthen as Table B shows. The number of compulsory admissions under Section 29 of the Mental Health Act is almost half that of the previous year and this is a welcomed trend. Table A shows the various ways in which cases were referred to the Department and it is perhaps significant that more cases are referred to the Aberystwyth Mental Welfare Officer than in Aberaeron and Cardigan because in Aberystwyth, there is a full-time Mental Welfare Officer.

One Mental Welfare Officer will have completed his training in March, 1966, and it is hoped that another one will be accepted for full-time training commencing in September, 1966.

There is a possibility of a Consultant in Child Psychiatry being appointed for West Wales sometime in 1966 and this would be a most welcomed addition. Fortunately, the Consultant in Child Psychiatry at Swansea and Consultant Psychiatrists at St. David's Hospital, Carmarthen, have been able to assist in urgent cases. (In England and Wales, there is the equivalent of one whole-time Consultant in Child Psychiatry for about 75,000 school children).

Table A

Statistics of cases investigated by Mental Welfare Officers :

Cases referred by :	*Aberystwyth District*		*Aberaeron District*		*Cardigan District*		*Total*
	Male	*Female*	*Male*	*Female*	*Male*	*Female*	
General Practitioners	26	31	7	4	6	8	82
Police or Courts	5	3	—	—	—	—	8
Hospital (in-patient or out-patient)	10	7	1	—	3	—	21
Education Authority	4	1	—	—	—	—	5
Other Sources	30	25	—	—	—	2	57
Sub-Totals ...	75	67	8	4	9	10	173
TOTALS ...	142		12		19		173

The total of 173 includes 13 subnormal children under the age of 16 years who were referred for admission to the Junior Training Centre.

Table B

Statistics of Admissions by Mental Welfare Officers :

Number of patients admitted to hospitals for subnormal... 4
Number of patients admitted to St. David's Hospital, Carmarthen ... 76

Total ... 80

Method of Admission	*Aberystwyth*		*Aberaeron*		*Cardigan*		*Total*
	Male	*Female*	*Male*	*Female*	*Male*	*Female*	
Informal	17	17	—	3	1	3	41
Section 29	8	6	4	4	4	4	30
Section 25	1	2	1	—	1	—	5
Section 26	—	—	—	—	—	—	—
Section 60	3	—	—	—	—	—	3
Section 73	1	—	—	—	—	—	1
Sub-Totals ...	30	25	5	7	6	7	80
TOTALS	55		12		13		80

Table C

	1961	1962	1963	1964	1965
Total number of admissions to St. David's Hospital ...	170	132	154	152	142
Admissions undertaken by Local Authority	93 (54%)	61 (45%)	86 (56%)	97 (65%)	76 (53.5%)
Rate of admission per thousand population :					
Informal	2.2	1.7	2.0	1.8	2.0
Under Section	1.0	0.8	0.9	1.1	0.7
	3.2	2.5	2.9	2.9	2.7

Bryntirion Home

This hostel has continued to serve its purpose and no undue difficulties have been experienced. An eight-bedded extension will be completed early in 1966 and the total complement will then be 34. Due thanks should be given to the devoted work of the staff. Table D shows the number of admissions and discharges.

Towards the end of 1965, some curtailment in the number of admissions had to be made due to alterations but this presented no undue difficulties as the Medical Superintendent of St. David's Hospital, Carmarthen, was able to assist by admitting some cases to hospital.

Table D

Number of residents at Bryntirion Home on 31.12.64		29
Admissions from		
Welfare Homes	2	
St. David's Hospital	1	
Other hospitals	3	
Home (including 3 re-admissions)	6	12
Discharges to		
Welfare Homes	3	
St. David's Hospital	1	
Other hospitals	2	
Died	8	
Home or care of relatives	1	15
Number of residents on 31st December, 1965 ...		26

Table E

Diagnosis	*Age Groups*				*Total*
	40—50	50—60	60—70	Over 70	
Senile Confusional State ...	—	—	—	5	5
Depression ...	—	—	—	1	1
Malnutrition ...	—	—	—	—	—
Organic Dementia ...	—	—	—	—	—
Paranoia	—	—	—	2	2
Manic Depressive ...	1	—	—	—	1
Others	1	—	—	2	3
Total Admissions including re-admissions	2	—	—	10	12

JOSEPH R. JONES
Deputy County Medical Officer

Section 17—SANITARY CIRCUMSTANCES

Report of Mr. Evan Richards, County Public Health Inspector

Milk (Special Designations) Regulations, 1963

The duties imposed on the County Council under these Regulations are :—

(i) the licensing and supervision of milk pasteurising plants :
(ii) the licensing of dairies where milk is bottled other than at the place of production, and
(iii) the granting of licences to retail milk which has been bottled at other premises and is obtained pre-packed by these retailers.

The County Council has delegated the work to the Health Committee and the Order is administered as follows :—

(i) The certification of premises and the supervision of the handling, treatment and bottling is carried out by the County Public Health Inspector.
(ii) Routine samples of milk are taken by the Weights and Measures Inspectors at the same time as samples taken under the Foods and Drugs Act.

The number of licences in force at the end of the year were as follows :—

1. No. of licensed pasteurising plants 2
2. No. of dairies where milk is bottled 11
3. No. of premises licensed for the re-sale of pre-packed milk ... 43

The two pasteurising plants were inspected twice every month and 49 samples of milk were taken from the plants, all of which satisfied the phosphatase test for adequacy of pasteurisation. 108 visits were also made to the other bottling dairies and pre-packed licence holders.

Diseases of Animals

Under Section 31 of the Food and Drugs Act, 1955, it is forbidden for any person knowingly to sell milk from any cow suffering from tuberculosis, infections of the udder, anthrax or foot and mouth disease. It is the duty of the County Council to enforce these restrictions and for that purpose there is close liaison with the Animal Health Division of the Ministry of Agriculture, Fisheries and Food, whose Veterinary Officers inform the Medical Officer of Health of possible sources of infection discovered at routine clinical examinations of dairy herds.

There were no confirmed cases of anthrax or foot-and-mouth disease notified during the year but there were several of infections of the udder, particularly mastitis.

Forty-eight samples of raw milk sold by retail were submitted to the Public Health Laboratory at Carmarthen for biological examination and for the Ring Test for brucellosis. None of the samples showed any evidence of tuberculosis but samples from two retailers were found to be infected with brucellosis. Action was taken by the District Medical Officer of Health to suspend both supplies until the herds were certified to be free from infection and arrangements made for a temporary supply of milk from other sources.

Infectious Diseases

The Table on page 11 shows the incidence of the various infectious diseases notified during the year, from which it will be seen that the County continued to be free of any of the major infectious diseases.

Tuberculosis

During the year 23 new cases of tuberculosis were notified by the Chest Physicians, 14 being respiratory tuberculosis and the other 9 being non-pulmonary.

Each new case is investigated as to the environmental conditions at the home, in order to prevent the spread of infection, and any adverse conditions are reported to the District Medical Officer of Health for action by the local Sanitary Authority. Similar action is taken when a person is discharged from hospital. Premises and clothing are disinfected after admission of pulmonary cases to hospital and also in the event of a death at home.

The figures of new cases notified for the first time in each year since 1952 is given below :

Year	*New Cases*		*No. of Deaths*	
	Pulmonary	*Non-Pulmonary*	*Pulmonary*	*Non-Pulmonary*
1952	36	7	12	3
1953	47	2	14	1
1954	44	7	5	2
1955	37	5	4	1
1956	43	8	9	2
1957	35	8	6	1
1958	29	3	2	Nil
1959	30	8	5	Nil
1960	25	6	8	2
1961	33	5	8	Nil
1962	18	7	1	1
1963	23	5	1	1
1964	17	5	4	2
1965	14	9	3	Nil

Housing

Under Section 116 of the Housing Act, 1957, it is the duty of the County Council to have constant regard to housing conditions in each rural district within its area with particular reference to overcrowding and other unsatisfactory housing conditions. It has also to see that sufficient steps are being taken by the district authorities to remedy these conditions and to provide additional housing.

New Housing

The following table shows the number of new dwellings erected by the various authorities during the year and also since the end of the last war :—

NEW HOUSES BUILT FROM 1945 TO 31.12.65.

	Local Authority Houses		*Privately Built Houses*	
	Permanent		*New Dwellings*	
	No. under construction at 31/12/65	*No. completed*	*Under construction at* 31/12/65	*No. completed*
Aberystwyth Borough	—	396	9	133
Cardigan Borough ...	18	317	16	141
Lampeter Borough ...	26	105	5	25
Aberaeron Urban ...	—	59	14	38
New Quay Urban ...	—	34	—	16
Aberaeron Rural ...	26	288	26	134
Aberystwyth Rural ...	—	346	72	457
Teifiside Rural ...	104	335	63	214
Tregaron Rural ...	5	106	4	62
Whole County ...	179	1,986	209	1,220

In addition to the figures given above tenders had been accepted at the end of the year for the building of a further 6 houses by the Aberaeron Rural District Council and 10 houses by the Teifiside Rural District Council.

Unfit Houses

There are no slum areas as such within the County but there are still a large number of old houses which have out-lived their useful life and which cannot be rendered fit for habitation at a reasonable cost. The four rural sanitary authorities deal with these houses as individual unfit houses as and when they become vacant. The following table shows the action taken during the year :—

Name of Authority	*Estimated No. of unfit houses*	*No. closed or demolished in* 1965	*Total No. closed or demolished since* 1955
Aberaeron R.D.C. ...	200	3	123
Aberystwyth R.D.C. ...	86	6	47
Teifiside R.D.C. ...	366	1	15
Tregaron R.D.C. ...	213	2	35

Housing Improvement Grants

Although there are some houses which have become unfit and are beyond repair the Rural District Councils have again been very active in encouraging the owners of older houses to modernise them with the aid of grants under the Housing Acts wherever such houses are otherwise suitable.

A summary of the work of the Rural District Councils in this field during 1965 is as follows :—

Name of Authority	*Number of discretionary grants approved*	*Number of standard grants approved*
Aberaeron R.D.C. ...	28	43
Aberystwyth R.D.C. ...	36	34
Teifiside R.D.C. ...	23	64
Tregaron R.D.C. ...	7	35

Rural Water Supplies and Sewerage Acts, 1944-65

Under the provisions of the 1944 Act local authorities are obliged to provide a supply of wholesome water in pipes to every rural locality in their district in which there are houses or schools. The act enables the Minister of Housing and Local Government to make grants to local authorities towards the cost of providing a supply, or improving an existing supply, of water and of sewerage and sewage disposal works in a rural locality, but grants in respect of the latter are only made where the Minister is satisfied that the need for the works is due to the provision of a piped water supply in the area. Where under the Act the Minister undertakes to make a contribution the County Council is also required to make a contribution.

The Act provides the County Council with an opportunity of expressing their views on the scope of proposed schemes by requiring local authorities to consult with the County Council before submitting schemes to the Ministry and copies of the County Council's observations on the proposals have to be submitted with the application for grant.

The Act of 1965 increased to one hundred and five million pounds the limit of contributions out of money provided by the Government which may be made towards such schemes.

Water Schemes

The following applications for grant towards extensions of public water mains were approved during the year :—

(i) An extension from Llangybi to Pont Gogoyan near Llanddewi Brefi to supply sixteen farms and four houses.

(ii) A scheme to increase the supply to Clarach where this had become necessary during the summer periods due to the establishment of chalet parks in the area.

(iii) A scheme to connect Llechryd to the Teifi Pools scheme as the existing local supply was inadequate to cope with the building of an additional seventy houses in the village.

(iv) A scheme to supply five farms and two houses near Llandygwydd.

(v) A scheme to supply two farms and a caravan site near Llanarth.

(vi) A scheme to supply sixteen farms and four houses near Llangeitho.

(vii) A scheme to supply one house on the outskirts of Aberaeron.

(viii) A scheme to supply two farms and one house near Cellan.

(ix) A scheme to supply four houses and one farm near Bronwydd, Aberbanc.

Sewerage Schemes

The following new schemes for sewerage and sewage disposal works were submitted and approved during the year :—

(i) A revised scheme for a joint sewerage scheme for the villages of Nanternis, Caerwedros and Llwyndafydd by the Aberaeron Rural District Council. The scheme will cater for 74 properties at an estimated cost of £70,000.

(ii) A sewerage scheme for the village of Llanfair Clydogau at an estimated cost of £17,300.

(iii) A revised sewerage scheme for the villages of Llanfihangel Ystrad and Felinfach with a continuation of the sewer to Temple Bar. The sewers will be connected to the main sewer constructed some years ago to take the effluent from the Felinfach Creamery for discharge into the sea at Aberaeron. The new proposals will cater for 104 houses at an estimated cost of £61,350.

(iv) Proposals for extending the sewers of the Alltyblacca sewerage scheme carried out last year to cater for six houses that could not be connected to the original scheme without additional pumping facilities.

During the year work proceeded on the following schemes which had previously been approved :—

(i) Work commenced on the Talybont sewerage scheme being carried out by the Aberystwyth Rural District Council.

(ii) A contract was accepted and work commenced on the Borth sewerage scheme by the Aberystwyth Rural District Council.

(iii) Work commenced on the sewerage scheme for Adpar by the Teifiside Rura District Council which is part of a joint scheme with the adjoining Newcastle Emlyn Urban District Council (Carmarthenshire).

(iv) Work continued on the Aberporth sewerage scheme by the Teifiside Rural District Council and part of the scheme is now in operation.

(v) A contract was accepted and work commenced on the sewerage scheme for Llangranog by the Teifiside Rural District Council.

(vi) The sewerage scheme for Cribyn was completed by the Aberaeron Rural District Council.

(vii) A contract was accepted and work started on the sewerage scheme for Cross Inn and Nebo by the Aberaeron Rural District Council.

EVAN RICHARDS
County Public Health Inspector

CARDIGANSHIRE EDUCATION COMMITTEE

ANNUAL REPORT

of the

PRINCIPAL SCHOOL MEDICAL OFFICER

for the year

1965

To the Chairman and Members of the Education Committee

I have pleasure in presenting the Annual Report of the School Health Service for the year which ended on 31st December, 1965.

The new clinic buildings at Aberystwyth and Lampeter were nearing completion at the end of the year and a new mobile clinic which would be used in part for visiting rural schools had been ordered at a cost of £6,180.

After repeated representations to the Welsh Hospital Board it seemed likely that the Minister of Health would approve of an additional appointment of consultant child psychiatrist in Wales so that a child guidance clinic could at last be established in Cardiganshire. There are at present in this county twenty five school children awaiting treatment by a child psychiatrist—treatment which so far has been denied to them.

Children who were not suitable for education at school, but who nevertheless attended, were transferred to the new Junior Training Centre at Felinfach when it opened in October. The number of places occupied at the centre at the end of the year was twenty seven, two of which were taken up by Carmarthenshire children who lived near the Cardiganshire border.

Medical and dental staffing have presented no difficulty during the year, neither has there been a shortage of applicants for the posts of health visitor/school nurse.

A more detailed account of School Health work is given in the ensuing pages. A section on Dental Health has been prepared by Mr. W. D. Percival Evans, J.P., the Principal School Dental Officer, and one on the School Psychological Service by Dr. Cyril James, the Consultant Educational Psychologist. Mr. Evan Richards, the County Public Health Inspector, deals with the hygiene of school kitchens and canteens, school water supplies and sanitation, and the milk in schools scheme.

I. MORGAN WATKIN
Principal School Medical Officer

REPORT OF MR. W. D. PERCIVAL EVANS,

PRINCIPAL SCHOOL DENTAL OFFICER

Each year from the nine million children in the country, four million teeth are extracted, and during each year seven and a half million teeth are filled. It is estimated that to provide a full dental service for all the children in the country it would require 11,000 dentists. The number of dentists in the Health Service at the moment is ten thousand and they extract eleven million teeth from adults in the population, make 28 million fillings for them and provide them with one and three quarter million dentures.

It is obvious then that there are not enough dentists to deal with the problem of dental disease by treatment.

To come nearer home, in Aberystwyth there are only two private practitioners, whereas a few years ago there were eight. This makes the problem of dental treatment a very acute one and throws heavy pressure on every dentist in the town including the School Dental Service.

It is obvious then that everything that is done in schools and at home to prevent dental troubles at an early age is an act of sound common sense, and is indeed imperative. Everything should be done to improve Dental Health Education and the introduction of Fluoride to our water supplies would lead to the prevention of dental disease. This would benefit both young and old.

There is now no doubt whatever that the presence of Fluoride at a concentration of one part per million in drinking water is associated with a great reduction of dental disease in the population drinking the water.

The effect occurs whether the Fluoride is naturally or artificially present in the water. The maximum benefit is shown on those who have been born and brought up in a "Fluoride" area.

Careful medical investigations have been carried out on adults and children for over ten years and it has been proved that no health hazards result from the presence of Fluoride in drinking water at the strength of one part per million.

It is not suggested that Fluoride in the drinking water is a remedy for all dental ills, but it will permit the dental profession the time to give a fuller service.

A Judge in Ireland, a Judge in New Zealand and the Judicial Committee of the Privy Council have considered the problem and have given the verdict that there is no infringement of liberty in adjusting the fluoride content in water supplies to one part per million. This amount was harmless and it was not medication because fluoride is a natural constituent of water and it was merely a question of adjusting it to the required strength.

It is indeed essential that the co-operation of all who are interested in Public Health should be sought to further the principal measures for safeguarding Dental Health and reducing dental disease.

W. D. PERCIVAL EVANS
Principal School Dental Officer

REPORT OF MR. EVAN RICHARDS,

COUNTY PUBLIC HEALTH INSPECTOR

Infectious Disease

As will be seen from the Table on page 11 there were no outbreaks of notifiable infectious disease apart from minor diseases such as measles, but there was however an outbreak of infectious hepatitis at Myfenydd V.P. School in the early part of the year. This disease is not notifiable under the Public Health Act but outbreaks in various part of the county have shown that it is endemic in both urban and rural communities. There had been a few cases amongst the children during previous months but as it appeared to be on the increase in the early part of the year it was decided to close the school for a period of five weeks in an effort to cut down on contacts amongst the children. The disease has a long incubation period varying from a fortnight to six or even seven weeks, and as the virus is excreted in the pre-jaundice stage it is very difficult to control the spread of the disease, particularly amongst small children who may not be able to fully appreciate the need for scrupulous cleanliness in their personal habits.

The use of individual paper towels was continued at the school when it re-opened and so far there have been no further cases.

Milk-in-Schools Scheme

All contracts under this scheme are subject to the approval of the Principal School Medical Officer in accordance with the Provision of Milk and Meals Regulations, and all premises and sources of supply are inspected before a new contract or a change of supplier is accepted.

This scheme continued to function satisfactorily in that all the schools continued to be supplied with liquid milk throughout the year. In the case of one of the more isolated small schools the local farmer who had supplied the school for many years was obliged to terminate his contract and it was with considerable difficulty that it was possible to obtain an alternative and acceptable supply from a neighbouring farm. The extra daily labour and transport involved to a local farmer in supplying a small quantity of milk to a small school is a big problem and usually this is only overcome through the public spiritedness of some farmers in co-operating to obtain the same facilities for the children at these isolated schools as for the children at the larger schools.

There were changes in the supply to ten other schools during the year and in these cases it was possible to obtain a satisfactory alternative supply.

The following figures show the grades of milk supplied to the schools at the end of the year :—

Pasteurised milk in one-third pint bottles	30
Untreated milk in one-third pint bottles	57
Untreated milk in containers other than bottles	17

During the year 189 visits were made to schools, farms and dairies in connection with this work. Routine samples for bacteriological examination were submitted to the Public Health Laboratory at Aberystwyth. Samples for biological examination are submitted to the Public Health Laboratory at Carmarthen as there are no facilities

for such examination at the Aberystwyth Laboratory. None of the samples showed any evidence of bovine tuberculosis but out of 48 samples examined for brucellosis two gave positive results. In both cases the supply was suspended and arrangements made for an alternative supply until the herds concerned had been certified clear by a veterinary surgeon.

School Meals Service

During the year 273 visits were made to the various school kitchens for the purpose of checking on the quality of the food supplied, with particular reference to meat supplies and other perishable commodities. Such visits also serve for the purpose of checking whether there are any defects or non-compliance with the requirements of the Food Hygiene Regulations. Where any defects or any other unsatisfactory conditions are found they are referred to either the County Architect or the School Meals Organiser who arrange for the matter to be put right.

EVAN RICHARDS,
County Public Health Inspector.

SCHOOL PSYCHOLOGICAL SERVICE

Report of Dr. Cyril James, Consultant Psychologist

The School Psychological Service in Cardiganshire, as in previous years, has continued to function along lines which have since become familiar in the pamphlet issued by the British Psychological Society (September 1962). Such a service organised according to Department of Education and Science Circulars 347 and 11/61 is working in close association with the School Health Service and the teaching staff of the schools. The Psychologist also works as a member of the Child Guidance Team in co-operation with the Consultant Child Psychiatrist.

The advisory and clinical work together forms a psychological service to schools which aims at contributing to the healthy development of children through the application of psychological knowledge to education and mental health—including the development and operation of facilities for ordinary as well as handicapped pupils.

Details of children clinically examined by the Educational Psychologist during 1965 and recommended for various forms of Special Educational Treatment are given as follows. :—

Table I—PSYCHOLOGICAL DIAGNOSTIC EXAMINATIONS

	Boys	*Girls*	*Total*
(i) Educationally			
(*a*) Retarded	9	2	11
(*b*) Backward	6	1	7
(*c*) Dull	10	2	12
Total	25	5	30
(ii) Subnormal (unsuitable for education at school)	—	2	2
(iii) Maladjusted (wholly)	1	—	
(iv) For Educational Guidance	2	1	3
(v) Gifted Pupils	1	—	1
Grand Total	29	8	37

The following children were recommended for various types of treatment. :—

Table II

RECOMMENDATIONS FOR SPECIAL EDUCATIONAL TREATMENT

	Boys	*Girls*	*Total*
Residential Special School			
(*a*) E.S.N.	8	2	10
(*b*) Partially Sighted ...	1	0	1
Ordinary School : Remedial Unit ...	5	1	6
Ordinary School : Observation ...	27	5	32
Junior Training Centre (Felinfach)	—	2	2
Audiometric Examination ...	—	2	2
Speech Therapy	—	2	2
Psychiatric Referral	8	—	8
Paediatric Referral	—	1	1
Neurological Referral	—	1	1
Remedial Teaching	21	3	24
Vocational Guidance*	3	1	4
Educational Guidance	2	1	3
Hospital Special Units	—	—	—
Home Tuition†	5	1	6
Medical Opinion (inc. Orthop.) ...	23	6	29

*—3 children who left Highmead R.S.S. were referred to Youth Employment Officers

†—6 children are receiving Home Tuition including one case of "School Phobia".

In addition to the above children examined by the Psychologist during 1965 action was taken in respect of the special educational treatment of others examined in previous years.

During the year, the work of screening children for Highmead Residential Special School continued and the school again had a full complement of pupils. A waiting list developed in the three counties although the Department of Education and Science has now agreed to extend the school by forty places as well as to supply extra facilities for physical training, pottery and craftwork.

Alternative local arrangements for special educational treatment have continued to improve and excellent work is being done in the remedial units established in the primary and secondary schools.

As in previous years a survey was made of those children provisionally deemed by the headteachers to require special educational treatment. The statistics are as follows :

Table III

SURVEY OF PUPILS DEEMED PROVISIONALLY TO REQUIRE S.E.T.

	All Age Groups		
	Boys	*Girls*	*Total*
Subnormal	15	9	24
Dull	25	6	31
Backward ...	69	30	99
Retarded	11	4	15
Maladjusted ...	12	0	12
Total	132	49	181

The following statistics relate to children admitted to and discharged from Highmead Residential Special School during 1965.

Table IV

S.E.T. AT HIGHMEAD RESIDENTIAL SPECIAL SCHOOL FOR E.S.N. PUPILS

	Admissions 1965			*Discharges* 1965			*Resident* 1.1.66		
	Boys	*Girls*	*Total*	*Boys*	*Girls*	*Total*	*Boys*	*Girls*	*Total*
Carmarthenshire	5	6	11	5	4	9	25	30	45
Pembrokeshire	2	5	7	3	6	9	10	13	23
Cardiganshire	2	1	3	2	1	3	9	2	11
Out/County	—	—	—	—	1	1	—	—	—
Total	9	12	21	10	12	22	44	35	79

One child attending the school is an extra district pupil (viz. Oxford.)

Highmead Residential Special School continues to enjoy a good reputation in the West. Parents, with few exceptions, are happy to take up the places offered to them. The pupils themselves are making relatively satisfactory progress in relation to the limitations of their disabilities. The relaxed atmosphere allied to the benevolent discipline produces a secure scholastic environment which enables the children to proceed at their own pace. Several facilities have been improved and the planning of the new extensions is in an advanced stage. The screening procedure before entry ensures that account is taken of the medical, psychological and social factors which affect the child's educational progress. Again, visits have been paid to the school by many interested bodies. Both the scholastic and domestic staff follow an even tenor which is appreciated by both parents and children.

Through the co-operation of the Directors of Education of the three authorities concerned the respective Youth Employment Officers have arranged for the school leavers to receive Vocational Guidance. The provision of after-care to pupils who have left school presents a serious problem.

It is of interest to note that the progress of children is under constant and systematic review by the Psychologist in consultation with the headteacher whilst the medical arrangements are equally thorough.

Throughout the three counties all age groups are systematically surveyed by means of a Handicapped Pupils Return and with the passage of time and the increased availability of sessions given by the School Medical Officers, it should be possible in the near future to complete the individual ascertainment of all referrals made from the school population.

Arrangements have been made for the following handicapped pupils to receive Special Educational Treatment at Residential Special Schools.

Table V—S.E.T. AT RESIDENTIAL SPECIAL SCHOOLS

	Boys	*Girls*	*Total*
Blind	—	1	1
Partially Blind	1	2	3
Deaf	1	2	3
Impaired Hearing	3	—	3
Delicate	—	—	—
Physically Handicapped (Misc.) ...	3	3	6
Maladjusted	3	—	3
Epileptic...	—	—	—
E.S.N.	1	—	1

Further consultations have taken place with reference to the urgent need for the establishment of a day-cum-residential diagnostic unit at Carmarthen for handicapped pupils who present special problems of placement and treatment. Agreement has been reached in principle and a site is being sought in Carmarthen where advantages accrue from its central position and proximity to various ancilliary facilities.

The day Remedial Unit established at Penparcau C.P. School has worked well and two subsidiary units have been opened at Cardigan and Lampeter. These units are open on alternate Thursdays. Close liaison was maintained with the school, and a number of teachers visited the unit at Penparcau during the year. Also two groups of students visited the unit during the summer term. During the autumn term a lecture was given by the Remedial Teacher to students at the College of Librarianship on suitable books for retarded pupils.

During the summer term an Arts and Crafts exhibition was held at the Public Library. This was well received by the parents.

ADMISSIONS AND DISCHARGES

	Boys	*Girls*	*Total*
Left Area	2	—	2
To Special School	1	—	1
To Training Centre	—	1	1
Withdrawals	6	2	8
Discharges	6	—	6
Attending at December 1965	32	4	36
Total having received S.E.T. during 1965	47	7	54

(*Note*—I.Q. Range of pupils 59—111 but functional intelligence varied).

PUPILS REQUIRING S.E.T. AT THE REMEDIAL UNITS (December 1965)

	Boys	*Girls*	*Total*
Direct Referrals	15	2	17
Ascertained :			
Maladjusted	3	1	4
Retarded	3	—	3
Backward	9	1	10
Dull	2	—	2
Total	32	4	36

Felinfach Junior Training Centre was opened on 18.10.65 and is housed in an architecturally designed purpose-built unit placed centrally to serve the needs of Cardiganshire children.

This has eased pressure in homes and in certain schools where the authority is grateful to those headteachers for their benevolence in allowing the children to remain temporarily pending the opening of this establishment.

The number of children attending is 15 boys and 13 girls. (Total 28, including two from Carmarthenshire.)

By dovetailing school records, including the results of the eleven plus allocation assessments with clinical records, it has been possible through the school psychological service to facilitate the provision of a variety of types of education for different categories of pupils in such a way that all children ranging from the quick to the slow and the physically handicapped have an equal opportunity of profiting from an education suited to the particular stage of their development—physically, mentally and socially. In respect of the latter the co-operation of the Mental Health section of the Health Department has been greatly appreciated particularly the work of the health visitors and social workers.

In brief there has been close liaison between the School Psychological Service and the School Health Service as well as with the schools themselves whilst both the statutory services of the Local Authority and the Regional Hospital Board have played their part in fostering the educational progress and mental health of the children, the fit and the handicapped, through an integrated and comprehensive approach to their problems.

CYRIL B. E. JAMES,

Consultant Educational Psychologist

Part I—MEDICAL INSPECTION OF PUPILS ATTENDING MAINTAINED AND ASSISTED PRIMARY AND SECONDARY SCHOOLS (INCLUDING NURSERY AND SPECIAL SCHOOLS)

Table A—PERIODIC MEDICAL INSPECTIONS

Number of Pupils on Registers of Maintained Primary and Secondary Schools in January, 1966 ... 8,806.

Age Groups Inspected (By year of Birth)	No. of Pupils who have received a full medical examination	Physical Condition of pupils Inspected		No. of Pupils found not to warrant a medical examination	Pupils found to require treatment (excluding dental diseases and infestation with vermin)		
		Satisfactory	Unsatisfactory		for defective vision (excluding squint)	for any other conditions recorded at Part II	Total individual pupils
		No.	No.				
1961 and later	1	1	0	—	0	1	1
1960	150	150	0	—	8	54	59
1959	497	496	1	—	48	202	233
1958	78	78	0	—	7	25	31
1957	55	55	0	—	10	21	30
1956	43	43	0	—	5	15	18
1955	403	401	2	—	54	138	177
1954	667	664	3	—	94	250	300
1953	228	228	0	—	34	75	91
1952	57	57	0	—	11	29	34
1951	450	450	0	—	45	142	173
1950 and earlier	434	434	0	—	45	118	146
Total	3,063	3,057	6	—	361	1,070	1,293

99.80% of the pupils examined were found to be in a satisfactory physical condition, the percentage unsatisfactory being 0.20%.

Table B—OTHER INSPECTIONS

Notes :—A special inspection is one that is carried out at the special request of a parent, doctor, nurse, teacher or other person.

A re-inspection is an inspection arising out of one of the periodic medical inspections or out of a special inspection.

Number of Special Inspections	46
Number of Re-inspections	618
Total ...	664

Table C—INFESTATION WITH VERMIN

Notes :—All cases of infestation, however slight, are included in Table C. The numbers recorded at (*b*), (*c*) and (*d*) relate to individual pupils, and not to instances of infestation.

(*a*) Total number of individual examinations of pupils in schools by the school nurses or other authorised persons	36,822
(*b*) Total number of individual pupils found to be infested	139
(*c*) Number of individual pupils in respect of whom cleansing notices were issued (Section 54 (2), Education Act, 1944)	Nil
(*d*) Number of individual pupils in respect of whom cleansing orders were issued (Section 54 (3), Education Act, 1944)	Nil

Part II—DEFECTS FOUND BY MEDICAL INSPECTION DURING THE YEAR

Table A—PERIODIC AND SPECIAL INSPECTIONS

Note :—All defects, including defects of pupils at Nursery and Special Schools, noted at periodic medical inspections are included in this Table, whether or not they are under treatment or observation at the time of the inspection. This Table includes separately the number of pupils found to require treatment (T) and the number of pupils found to require observation (O).

Defect Code No.	Defect or Disease		Periodic Inspections				Special Inspections
			Entrants	Leavers	Others	Total	
4	Skin	T	4	12	7	23	1
		O	26	18	29	73	—
5	Eyes—*a.* Vision	T	40	57	127	224	1
		O	40	46	61	147	—
	b. Squint	T	5	3	4	12	—
		O	4	1	5	10	—
	c. Other	T	1	1	2	4	—
		O	6	8	6	20	—
6	Ears—*a.* Hearing	T	2	5	4	11	2
		O	12	1	7	20	—
	b. Otitis Media ...	T	1	8	4	13	—
		O	35	8	18	61	2
	c. Other	T	—	1	—	1	—
		O	2	1	1	4	—
7	Nose and Throat	T	9	10	12	31	4
		O	73	29	54	156	—
8	Speech	T	5	4	8	17	—
		O	20	4	13	37	—
9	Lymphatic Glands	T	6	1	5	12	—
		O	49	11	20	80	—
10	Heart	T	1	6	1	8	—
		O	28	16	20	64	—

Defect Code No.	Defect or Disease		Periodic Inspections				Special Inspections
			Entrants	Leavers	Others	Total	
11	Lungs	T	7	4	9	20	—
		O	34	14	22	70	5
12	Developmental—*a.* Hernia ...	T	1	1	—	2	—
		O	—	3	3	6	—
	b. Other ...	T	4	—	3	7	—
		O	6	21	26	53	1
13	Orthopaedic—*a.* Posture ...	T	5	5	15	25	2
		O	13	26	24	63	—
	b. Feet	T	25	16	67	108	2
		O	57	54	92	203	—
	c. Other... ...	T	5	8	10	23	1
		O	26	22	25	73	—
14	Nervous System—*a.* Epilepsy ...	T	—	1	2	3	—
		O	3	1	3	7	—
	b. Other ...	T	—	1	1	2	—
		O	3	3	7	13	1
15	Psychological—*a.* Development	T	2	2	8	12	3
		O	12	9	20	41	1
	b. Stability ...	T	1	1	2	4	1
		O	2	7	5	14	1
16	Abdomen	T	3	—	4	7	—
		O	3	4	7	14	1
17	Other	T	4	1	4	9	1
		O	11	12	23	46	15

Part III—TREATMENT OF PUPILS ATTENDING MAINTAINED AND ASSISTED PRIMARY AND SECONDARY SCHOOLS (INCLUDING NURSERY AND SPECIAL SCHOOLS)

Table A—Eye Diseases, Defective Vision and Squint

	Number of cases known to have been dealt with
External and other, excluding errors of refraction and squint	—
Errors of refraction (including squint) ...	183
Total	183
Number of pupils for whom spectacles were prescribed	98

Table B—Diseases and Defects of Ear, Nose and Throat

	Number of cases
Received operative treatment	
(*a*) for diseases of the ear	17
(*b*) for adenoids and chronic tonsillitis ...	182
(*c*) for other nose and throat conditions ...	14
Received other forms of treatment ...	96
Total	309
Total number of pupils in schools who are known to have been provided with hearing aids :	
*(*a*) in 1965	—
(*b*) in previous years	—

*A pupil recorded under (*a*) above is not recorded at (*b*) in respect of the supply of a hearing aid in a previous year.

Table C—Orthopaedic and Postural Defects

	Number of cases
(*a*) Pupils treated at clinics or out-patients departments	505
(*b*) Pupils treated at school for postural defects	40
Total	545

Table D—Diseases of the Skin

(excluding uncleanliness, for which see Table C of Part I)

	Number of cases known to have been treated
Ringworm—(a) Scalp ...	2
(b) Body ...	9
Scabies	—
Impetigo	7
Other skin diseases ...	6
Total	24

Table E—Child Guidance Treatment

	Number of Pupils
Treated at Child Guidance Clinics ...	8

Table F—Speech Therapy

	Number of cases
Pupils treated by speech therapists	166

Table G—Other Treatment Given

	Number of cases known to have been treated
(*a*) Pupils with minor ailments	—
(*b*) Pupils who received convalescent treatment under School Health Service arrangements	—
(*c*) Pupils who received B.C.G. vaccination ...	583
(*d*) Other than (*a*), (*b*) and (*c*) above ...	—
TOTAL	583

Part VI—DENTAL INSPECTION AND TREATMENT CARRIED OUT BY THE AUTHORITY

Number of Pupils on the Register of Maintained Primary and Secondary Schools including Nursery and Special Schools in January 1, 1966 ... 8,80

Attendances & Treatment	*Ages* 5 to 9	*Ages* 10 to 24	*Ages* 15 and over	*Total*
First Visit	998	934	512	2,444
Subsequent visits	629	808	755	2,192
Total Visits	1,627	1,742	1,267	4,636
Additional courses of treatment commenced				
Fillings in permanent teeth ...	301	1,447	1,096	2,844
Fillings in deciduous teeth ...	222	51	—	273
Permanent teeth filled ...	275	1,371	919	2,565
Deciduous teeth filled ...	195	31	—	226
Permanent teeth extracted ...	111	554	666	1,331
Deciduous teeth extracted ...	1,691	439	—	2,130
General anaesthetics ...	827	453	165	1,445
Emergencies	23	18	49	90

	Number of Pupils X-rayed	145
	Prophylaxis	120
	Teeth otherwise conserved	171
	Number of teeth root filled	8
	Inlays	2
	Crowns	1
	Courses of treatment completed ...	553
Orthodontics	Cases remaining from previous year ...	34
	New cases commenced during year ...	51
	Cases completed during year ...	13
	Cases discontinued during year ...	5
	No. of removable appliances fitted ...	50
	No. of fixed appliances fitted ...	3
	Pupils referred to Hospital Consultant	27

Prosthetics	5 to 9	10 to 14	15 and over	Total
Pupils supplied with F.U. or F.L. (first time)	—	—	6	6
Pupils supplied with other dentures (first time) ...	—	4	38	42
Number of dentures supplied ...	—	4	44	48

Anaesthetics—General Anaesthetics administered by Dental Officers		175
Inspections :	(*a*) First inspection at school. Number of Pupils ...	5,564
	(*b*) First inspection at clinic. Number of Pupils ...	163
	Number of (*a*) + (*b*) found to require treatment ...	4,592
	Number of (*a*) + (*b*) offered treatment	3,321
	(*c*) Pupils re-inspected at school clinic	269
	Number of (*c*) found to require treatment ...	183
Sessions—Sessions devoted to treatment		1,090
Sessions devoted to inspection		70
Sessions devoted to Dental Health Education		40

SCHOOL CLINICS, 1965

Clinic	Location		Number of sessions held	Total number of sessions held
	Local Authority Premises	Other Premises		
Minor ailments	—	—	—	—
Dental	Aberystwyth	—	577	912
	Aberaeron	—	65	
	Cardigan	—	90	(This total does
	Lampeter	—	65	not include dental
	Llandysul	—	40	sessions held in
	Tregaron	—	15	classrooms of
	Dinas	—	40	primary
	Highmead R.S.S.	—	20	schools).
Ophthalmic ...	—	Aberystwyth	92	92
Orthopaedic ...	Aberystwyth	—	14	
	Cardigan	—	8	
	—	Aberaeron	7	
	—	Borth	4	
	—	Lampeter	6	
	—	Llandysul	6	
	—	Penrhiwllan	2	
		Taliesin	3	
		Tregaron	2	52
Speech Therapy	Aberystwyth	—	26	
	Aberystwyth C.P. School	—	14	
	Ardwyn	—	11	
	Cardigan C.P.	—	18	
	Cardigan Infts.	—	14	
	Dinas	—	14	
	Penparcau C.P.	—	11	
	Penparcau Infts.	—	12	
	Penyparc C.P.	—	6	
	Tregaron Grammar	—	11	
	Verwig	—	5	
	Ysgol Gymraeg	—	12	
	(Absth)	Aberaeron	6	
	—	Lampeter	18	
		Llandysul	8	186

HEALTH VISITORS/SCHOOL NURSES' REPORT ON SCHOOL WORK FOR THE YEAR ENDED 31st DECEMBER, 1965

[redacted]rict and name of Health Visitor	Names of Schools visited	No. of Times visited	No. of Children examined	No. found verminous	No. suffering from minor ailments
Penglais	Ardwyn Grammar	11	526	—	4
Llanbadarn and	Capel Seion C.P.	12	166	3	4
Capel Bangor	Cwmpadarn C.P.	13	295	16	5
	Goginan C.P.	9	72	3	2
Miss N. N. Jones	Penllwyn C.P.	8	181	1	—
	Total	53	1,240	23	15
Penparcau and	Llanfarian C.P.	15	284	—	1
Llanfarian	Llanilar C.P.	14	269	—	—
	Penparcau Infants	22	1,188	—	5
Mrs. S. E. Morris	Penparcau C.P.	23	1,092	—	2
	Total	74	2,833	—	8
Aberystwyth Town	Aberystwyth C.P.	55	1,173	—	—
Centre and	Mynach C.P.	16	173	—	—
Devil's Bridge	Ponterwyd C.P.	17	176	—	—
	Ysgol Gymraeg	30	616	—	—
Miss C. Hughes Evans	Total	118	2,138	—	—
Rhydypennau,	Borth C.P.	10	103	—	1
Talybont and	Commins Coch C.P.	13	325	—	2
Glandyfi	Eglwysfach C.P.	10	35	1	—
	Rhydypennau C.P.	12	126	—	—
Miss V. O. Davies	Taliesin C.P.	9	118	1	1
	Talybont C.P.	10	157	—	—
	Trefeurig C.P.	8	27	—	—
	Borth V.P.	12	131	1	—
	Penrhyncoch V.P.	9	116	—	—
	Dinas Secondary	23	1,057	4	—
	Lapley Grange	2	—	—	—
	Total	118	2,195	7	4
Aberystwyth South	Bronant C.P.	16	284	—	11
	Brynherbert C.P.	25	398	2	13
Miss D. J. Morgan	Cofadail C.P.	13	167	—	3
	Cross Inn C.P.	15	214	—	10
	Llanafan C.P.	17	391	—	1
	Llanfihangel C.P.	17	301	—	3
	Llangwyryfon C.P.	13	172	—	6
	Llanon C.P.	13	605	—	26
	Lledrod C.P.	14	133	—	2
	Myfenydd V.P.	20	595	9	21
	Total	163	3,260	11	96
Aberaeron	Aberaeron C.P.	20	1,357	1	1
	Aberarth C.P.	14	277	—	—
Miss M. Morgan	Cilcennin C.P.	16	305	—	—
	Ciliau Parc C.P.	16	222	—	—
	Dihewyd C.P.	23	431	5	5
	Mydroilyn C.P.	17	406	—	1
	Penlon C.P.	15	456	—	1
	Pennant C.P.	15	269	—	2
	Aberaeron Secondary	21	1,090	—	1
	Total	157	4,813	6	11

District and Name of Health Visitors	Names of Schools visited	No. of Times visited	No. of Children examined	No. found verminous	No. sufferig from minonr ailments
Lampeter	Bwlchyllan C.P.	8	110	—	—
	Cellan C.P.	11	305	—	—
Miss M. Morris	Cribyn C.P.	8	148	2	2
	Felinfach C.P.	10	236	—	—
	Felinfach J.T.C.	7	46	—	—
	Ffynnon Bedr C.P.	13	610	—	—
	Gartheli C.P.	12	172	—	—
	Llanfair C.P.	16	190	—	—
	Llangybi C.P.	17	232	—	3
	Llanwnen C.P.	9	205	—	—
	Bettws Bledrws V.P.	10	76	—	—
	Silian V.P.	5	92	—	—
	Trefilan V.P.	10	109	—	—
	Highmead Residential	22	961	8	—
	Lampeter Secondary	24	861	—	5
	Total	182	4,353	10	11
Llandysul	Adpar C.P.	12	247	1	1
	Brongest C.P.	10	101	—	—
Miss V. Jenkins	Blaenau C.P.	13	238	—	1
	Capel Dewi C.P.	10	280	—	—
	Capel Cynon C.P.	13	194	—	1
	Coedybryn C.P.	10	156	—	—
	Cwrtnewydd C.P.	14	271	1	1
	Llandysul C.P.	13	605	2	1
	Pontsian C.P.	19	272	23	2
	Tregroes C.P.	16	417	—	3
	Aberbanc V.P.	11	397	—	—
	Llanwenog V.P.	13	264	—	3
	Llandysul Grammar	13	583	2	—
	Total	167	4,025	29	13
Cardigan	Cardigan Secondary	10	930	2	1
	Beulah C.P.	13	501	—	—
Miss D. M. Davies	Cardigan C.P.	14	2,305	28	4
	Cardigan Infants	14	1,379	20	2
	Llechryd C.P.	12	478	—	—
	Penyparc C.P.	13	850	1	—
	Trewen C.P.	10	446	1	—
	Verwig C.P.	13	427	—	—
	Llandygwydd V.P.	13	439	—	3
	Total	112	7,755	52	10
Llangranog	Aberporth C.P.	12	579	—	—
	Caerwedros C.P.	11	139	—	—
Miss N. Morgan	Glynarthen C.P.	10	171	—	—
	Gwenlli C.P.	12	120	—	—
	Llanarth C.P.	12	207	—	—
	Llanllwchaiarn C.P.	10	104	—	—
	New Quay C.P.	10	235	—	—
	Penmorfa C.P.	13	153	—	5
	Pontgarreg C.P.	11	176	—	—
	Rhydlewis C.P.	9	100	—	—
	Talgarreg C.P.	11	170	1	—
	Blaenporth V.P.	10	212	—	—
	Total	131	2,366	1	5
Tregaron	Ystrad Meurig College	3	—	—	—
	Castell Flemish C.P.	13	39	—	—
Mrs. M. Lewis	Llanddewi Brefi C.P.	12	182	—	—
	Llangeitho C.P.	15	207	—	—
	Penuwch C.P.	15	110	—	—
	Pontrhydfendigaid C.P.	14	215	—	—
	Swyddffynnon C.P.	14	96	—	—
	Tanygarreg C.P.	14	95	—	—
	Tregaron C.P.	15	431	—	—
	Ysbytty Ystwyth C.P.	14	152	—	—
	Tregaron Secondary	14	323	—	—
	Total	143	1,850	—	—

REPORT OF WORK DONE BY THE ORTHOPAEDIC SISTER FOR THE YEAR 1965

Area	No. of Clinics held during Year	Attendances			No. of cases of Remedial Exercises Manipulation and Massage
		New Cases	Others	Total	
Aberaeron ...	7	12	40	52	50
Aberystwyth	14	34	68	102	93
Borth ...	4	6	10	16	14
Cardigan ...	8	31	35	66	61
Lampeter ...	6	3	41	44	42
Llandysul ...	6	11	38	49	30
Penrhiwllan ...	2	2	8	10	8
Taliesin ...	3	1	7	8	7
Tregaron ...	2	5	9	14	8
Totals ...	52	105	256	361	313

Attendances at Mr. MacFarlane's Clinics ... 45
No. of hospital visits for shoe fitting ... 19
No. of visits to physiotherapy clinics ... 3
No. of visits to M. & C. W. Clinics ... 27

School Visited	No. of Children seen	School Visited	No. of Children seen
Dinas ...	7	Highmead ...	26
Caerwedros ...	1	Ardwyn ...	1
Aberaeron ...	9		

In addition 220 domiciliary visits were carried out by the Orthopaedic Sister.

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